

Recordwedstrijd Vrijdag

Sport- en Recreatiecentrum de Scheg - Deventer

10 March 2023

1. Result 100 meter

Pos	Name	Cat	Club	Pair	Lane	Time	Info	Points
1	80 Ruben de Rijk	HB1	TG DSO	8	O	11.68	PB	
2	73 Lenneke Groot Koerkamp	DB2	DYC	8	I	12.16		
3	75 Sil Wisselink	HC2	SPORTIEF	7	O	13.20	PB	
4	65 Alexander Warmink	HPA	DYC	7	I	13.92		
5	83 Pien Evers	DPD	DYC	4	O	14.18	PB	
6	47 Marit Jeurig	DPA	VIKING	5	O	14.42	PB	
	72 Famke Aukema	DPA	SPORTIEF	5	I	14.42		
8	7 Elin Mak	DPE	DYC	6	I	14.87		
9	24 Anne van Duinen	DPC	TG SV Zwolle	4	I	14.92		
10	8 Wietze de Haan	HPB	DYC	3	O	14.99	PB	
11	66 Thijmen Warmink	HPC	DYC	3	I	15.33	PB	
12	25 Lotte van Duinen	DPE	TG SV Zwolle	2	I	15.88	PB	
13	62 Julian Tuitert	HPD	TG SV Zwolle	2	O	16.86		
14	84 Ruben Warmink	HPE	DYC	1	I	17.17		
	44 Silke van den Bos	DPA	DNIJ				WDR	

Referee:

Assistant:

Starter:

From 3/10/2023 5:15:00 PM to 3/10/2023 5:34:16 PM

Print: 3/10/2023 6:49:33 PM

Recordwedstrijd Vrijdag

Sport- en Recreatiecentrum de Scheg - Deventer

10 March 2023

1. Race Result 100 meter

		Name	Cat	Club	PB	Time Info
1	wt rd	84 Ruben Warmink	HPE	DYC	17.01	17.17
		<u>Ruben Warmink</u>				
		100m	17.17	(17.17)	m	

		Name	Cat	Club	PB	Time Info
2	yw bl	25 Lotte van Duinen	DPE	TG SV Zwolle	16.24	15.88 PB
		62 Julian Tuitert	HPD	TG SV Zwolle	16.04	16.86
		<u>Lotte van Duinen</u>		<u>Julian Tuitert</u>		
		100m	15.88	(15.88)	100m	16.86 (16.86)

		Name	Cat	Club	PB	Time Info
3	wt rd	66 Thijmen Warmink	HPC	DYC	15.63	15.33 PB
		8 Wietze de Haan	HPB	DYC	15.19	14.99 PB
		<u>Thijmen Warmink</u>		<u>Wietze de Haan</u>		
		100m	15.33	(15.33)	100m	14.99 (14.99)

		Name	Cat	Club	PB	Time Info
4	yw bl	24 Anne van Duinen	DPC	TG SV Zwolle	14.83	14.92
		83 Pien Evers	DPD	DYC	14.63	14.18 PB
		<u>Anne van Duinen</u>		<u>Pien Evers</u>		
		100m	14.92	(14.92)	100m	14.18 (14.18)

		Name	Cat	Club	PB	Time Info
5	wt rd	72 Famke Aukema	DPA	SPORTIEF	14.42	14.42
		47 Marit Jeuring	DPA	VIKING	14.44	14.42 PB
		<u>Famke Aukema</u>		<u>Marit Jeuring</u>		
		100m	14.42	(14.42)	100m	14.42 (14.42)

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		Name		Cat	Club	PB	Time	Info
6	yw	7	Elin Mak	DPE	DYC	14.07	14.87	
	bl	44	Silke van den Bos	DPA	DNIJ	14.04	WDR	
		Elin Mak		Silke van den Bos				
		100m	14.87	(14.87)				

		Name		Cat	Club	PB	Time	Info
7	wt	65	Alexander Warmink	HPA	DYC	13.91	13.92	
	rd	75	Sil Wisselink	HC2	SPORTIEF	13.56	13.20	PB
		Alexander Warmink		Sil Wisselink				
		100m	13.92	(13.92)	100m	13.20	(13.20)	

		Name		Cat	Club	PB	Time	Info
8	yw	73	Lenneke Groot Koerkamp	DB2	DYC	12.09	12.16	
	bl	80	Ruben de Rijk	HB1	TG DSO	11.86	11.68	PB
		Lenneke Groot Koerkamp		Ruben de Rijk				
		100m	12.16	(12.16)	100m	11.68	(11.68)	

Referee:

Assistant:

Starter:

From 3/10/2023 5:15:00 PM to 3/10/2023 5:34:16 PM

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Recordwedstrijd Vrijdag

Sport- en Recreatiecentrum de Scheg - Deventer

10 March 2023

2. Result 500 meter 2x

Pos	Name	Cat	Club	Pair	Lane	Time	Info	Points
1	82 Hans ten Hag	H70	DYC	15	I	50.79		
2	27 Bas Ellenbroek	HPA	DNIJ	15	O	51.31		
3	67 Pieter Dijkstra	HSA	DYC	14	I	52.01		
4	76 Remco Wisselink	H45	SPORTIEF	13	I	53.13	PB	
5	19 Melle ter Horst	HPB	DYC	13	O	55.02		
6	35 Lisa Otten	DC1	DNIJ	14	O	56.30		
7	81 Waldo van Veen	H50	SPORTIEF	11	O	57.64		
8	28 Yvonne van den Berg	DPA	DNIJ	12	I	58.17		
9	58 Kim Versteeg	DPB	DNIJ	9	O	1:02.71		
10	61 Eline Tuitert	DPC	TG SV Zwolle	9	I	1:03.18		
11	77 Naomi Potjes	DPC	TG SV Zwolle	11	I	1:03.58		
12	12 Imme Ooijman	DC1	DYC	12	O	1:06.78	FL	
	70 Ellis Van Halteren	DB2	DYC	16	O	DNS		
	21 Erik Jeuring	H40	SPORTIEF			WDR		

Referee:

Assistant:

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From 3/10/2023 5:15:00 PM to 3/10/2023 5:42:42 PM

Print: 3/10/2023 6:49:33 PM

Recordwedstrijd Vrijdag

Sport- en Recreatiecentrum de Scheg - Deventer

10 March 2023

2. Race Result 500 meter 2x

		Name	Cat	Club	PB	Time	Info
9	wt	61 Eline Tuitert	DPC	TG SV Zwolle	59.62	1:03.18	
	rd	58 Kim Versteeg	DPB	DNIJ	58.50	1:02.71	
		<u>Eline Tuitert</u>		<u>Kim Versteeg</u>			
		100m 14.85 (14.85)		100m 14.41 (14.41)			
		500m 1:03.18 (48.33)		500m 1:02.71 (48.30)			

		Name	Cat	Club	PB	Time	Info
10	yw						
	bl						
		<u>m</u>		<u>m</u>			

		Name	Cat	Club	PB	Time	Info
11	wt	77 Naomi Potjes	DPC	TG SV Zwolle	58.57	1:03.58	
	rd	81 Waldo van Veen	H50	SPORTIEF	56.07	57.64	
		<u>Naomi Potjes</u>		<u>Waldo van Veen</u>			
		100m 14.53 (14.53)		100m 14.47 (14.47)			
		500m 1:03.58 (49.05)		500m 57.64 (43.17)			

		Name	Cat	Club	PB	Time	Info
12	yw	28 Yvonne van den Berg	DPA	DNIJ	54.56	58.17	
	bl	12 Imme Ooijman	DC1	DYC	54.88	1:06.78	FL
		<u>Yvonne van den Berg</u>		<u>Imme Ooijman</u>			
		100m 14.47 (14.47)		100m 13.70 (13.70)			
		500m 58.17 (43.70)		500m 1:06.78 (53.08)			

		Name	Cat	Club	PB	Time	Info
13	wt	76 Remco Wisselink	H45	SPORTIEF	54.37	53.13	PB
	rd	19 Melle ter Horst	HPB	DYC	53.54	55.02	
		<u>Remco Wisselink</u>		<u>Melle ter Horst</u>			
		100m 13.50 (13.50)		100m 13.34 (13.34)			
		500m 53.13 (39.63)		500m 55.02 (41.68)			

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		Name		Cat	Club	PB	Time	Info
14	yw	67	Pieter Dijkstra	HSA	DYC	50.50	52.01	
	bl	35	Lisa Otten	DC1	DNIJ	50.54	56.30	
		Pieter Dijkstra			Lisa Otten			
		100m	13.45	(13.45)	100m	13.64	(13.64)	
		500m	52.01	(38.56)	500m	56.30	(42.66)	
<hr/>								
		Name		Cat	Club	PB	Time	Info
15	wt	82	Hans ten Hag	H70	DYC	45.87	50.79	
	rd	27	Bas Ellenbroek	HPA	DNIJ	49.90	51.31	
		Hans ten Hag			Bas Ellenbroek			
		100m	13.34	(13.34)	100m	12.88	(12.88)	
		500m	50.79	(37.45)	500m	51.31	(38.43)	
<hr/>								
		Name		Cat	Club	PB	Time	Info
16	yw	21	Erik Jeuring	H40	SPORTIEF	41.78	WDR	
	bl	70	Ellis Van Halteren	DB2	DYC	46.60	DNS	
		Erik Jeuring			Ellis Van Halteren			

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Recordwedstrijd Vrijdag

Sport- en Recreatiecentrum de Scheg - Deventer

10 March 2023

4. Result 500 meter

Pos	Name	Cat	Club	Pair	Lane	Time	Info	Points
1	80 Ruben de Rijk	HB1	TG DSO	24	O	44.12		
2	74 Mees Klunder	HC1	DYC	24	I	45.80		
3	64 Twan van de Poppe	HPA	STG ELBURG	23	O	48.22		
4	73 Lenneke Groot Koerkamp	DB2	DYC	23	I	49.19		
5	72 Famke Aukema	DPA	SPORTIEF	22	I	59.41		
6	8 Wietze de Haan	HPB	DYC	21	O	1:04.94		
7	7 Elin Mak	DPE	DYC	21	I	1:05.61		
8	65 Alexander Warmink	HPA	DYC	20	I	1:05.77		
9	24 Anne van Duinen	DPC	TG SV Zwolle	20	O	1:06.51		
10	83 Pien Evers	DPD	DYC	18	O	1:07.23		
11	47 Marit Jeuring	DPA	VIKING	19	I	1:11.65		
12	66 Thijmen Warmink	HPC	DYC	19	O	1:16.85		
13	25 Lotte van Duinen	DPE	TG SV Zwolle	18	I	1:20.51	RS	
14	84 Ruben Warmink	HPE	DYC	17	I	1:26.20		
	75 Sil Wisselink	HC2	SPORTIEF	22	O	DNF		

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Recordwedstrijd Vrijdag

Sport- en Recreatiecentrum de Scheg - Deventer

10 March 2023

4. Race Result 500 meter

		Name	Cat	Club	PB	Time	Info
17	wt rd	84 Ruben Warmink	HPE	DYC		1:26.20	
		Ruben Warmink					
		100m	17.56	(17.56)		m	
		500m	1:26.20	(68.64)			

		Name	Cat	Club	PB	Time	Info
18	yw bl	25 Lotte van Duinen	DPE	TG SV Zwolle		1:20.51	RS
		83 Pien Evers	DPD	DYC		1:07.23	
		Lotte van Duinen		Pien Evers			
		100m	1:20.51	(80.51)	100m	15.06	(15.06)
					500m	1:07.23	(52.17)

		Name	Cat	Club	PB	Time	Info
19	wt rd	47 Marit Jeuring	DPA	VIKING	1:04.49	1:11.65	
		66 Thijmen Warmink	HPC	DYC	1:13.91	1:16.85	
		Marit Jeuring		Thijmen Warmink			
		100m	16.07	(16.07)	100m	16.20	(16.20)
		500m	1:11.65	(55.58)	500m	1:16.85	(60.65)

		Name	Cat	Club	PB	Time	Info
20	yw bl	65 Alexander Warmink	HPA	DYC	1:01.57	1:05.77	
		24 Anne van Duinen	DPC	TG SV Zwolle	1:02.63	1:06.51	
		Alexander Warmink		Anne van Duinen			
		100m	14.24	(14.24)	100m	15.35	(15.35)
		500m	1:05.77	(51.53)	500m	1:06.51	(51.16)

		Name	Cat	Club	PB	Time	Info
21	wt rd	7 Elin Mak	DPE	DYC	58.93	1:05.61	
		8 Wietze de Haan	HPB	DYC	1:01.38	1:04.94	
		Elin Mak		Wietze de Haan			
		100m	15.13	(15.13)	100m	15.54	(15.54)
		500m	1:05.61	(50.48)	500m	1:04.94	(49.40)

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		Name		Cat	Club	PB	Time	Info
22	yw	72	Famke Aukema	DPA	SPORTIEF	57.15	59.41	
	bl	75	Sil Wisselink	HC2	SPORTIEF	54.73	DNF	
		Famke Aukema			Sil Wisselink			
		100m	15.21	(15.21)	100m	13.56	(13.56)	
		500m	59.41	(44.20)				
<hr/>								
		Name		Cat	Club	PB	Time	Info
23	wt	73	Lenneke Groot Koerkamp	DB2	DYC	46.98	49.19	
	rd	64	Twan van de Poppe	HPA	STG ELBURG	45.35	48.22	
		Lenneke Groot Koerkamp			Twan van de Poppe			
		100m	12.28	(12.28)	100m	12.55	(12.55)	
		500m	49.19	(36.91)	500m	48.22	(35.67)	
<hr/>								
		Name		Cat	Club	PB	Time	Info
24	yw	74	Mees Klunder	HC1	DYC	42.91	45.80	
	bl	80	Ruben de Rijk	HB1	TG DSO	43.57	44.12	
		Mees Klunder			Ruben de Rijk			
		100m	12.01	(12.01)	100m	11.87	(11.87)	
		500m	45.80	(33.79)	500m	44.12	(32.25)	

Recordwedstrijd Vrijdag

Sport- en Recreatiecentrum de Scheg - Deventer

10 March 2023

5. Result 500 meter

Pos	Name	Cat	Club	Pair	Lane	Time Info	Points
1	42 Gerwin Boschloo	H50	DYC	28	I	46.62	
2	18 Marlin Schouwstra	DB1	DYC	28	O	51.15	
3	33 Dalanda Jalloh	DB1	DYC	27	I	52.77	
4	9 Herre Mak	HPA	DYC	27	O	53.22	
5	36 Just Klunder	HPB	DYC	26	O	55.68	
6	11 Blom Ooijman	DPA	DYC	26	I	1:03.69	
	10 Kurt van de Nes	H50	TG SV Zwolle	25	I	DNS	

Referee:

Assistant:

Starter:

From 3/10/2023 5:15:00 PM to 3/10/2023 5:56:13 PM

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Recordwedstrijd Vrijdag

Sport- en Recreatiecentrum de Scheg - Deventer

10 March 2023

5. Race Result 500 meter

		Name	Cat	Club	PB	Time	Info
25	wt rd	10 Kurt van de Nes	H50	TG SV Zwolle			DNS
		<u>Kurt van de Nes</u>					
						m	

		Name	Cat	Club	PB	Time	Info
26	yw	11 Blom Ooijman	DPA	DYC	59.90		1:03.69
	bl	36 Just Klunder	HPB	DYC	50.81		55.68
		<u>Blom Ooijman</u>		<u>Just Klunder</u>			
		100m 15.06 (15.06)		100m 27.84 (27.84)			
		500m 1:03.69 (48.63)		500m 55.68 (27.84)			

		Name	Cat	Club	PB	Time	Info
27	wt	33 Dalanda Jalloh	DB1	DYC	48.64		52.77
	rd	9 Herre Mak	HPA	DYC	50.38		53.22
		<u>Dalanda Jalloh</u>		<u>Herre Mak</u>			
		100m 13.32 (13.32)		100m 13.23 (13.23)			
		500m 52.77 (39.45)		500m 53.22 (39.99)			

		Name	Cat	Club	PB	Time	Info
28	yw	42 Gerwin Boschloo	H50	DYC	43.16		46.62
	bl	18 Marlin Schouwstra	DB1	DYC	48.77		51.15
		<u>Gerwin Boschloo</u>		<u>Marlin Schouwstra</u>			
		100m 12.12 (12.12)		100m 13.39 (13.39)			
		500m 46.62 (34.50)		500m 51.15 (37.76)			

Recordwedstrijd Vrijdag

Sport- en Recreatiecentrum de Scheg - Deventer

10 March 2023

6. Result 500 meter (2e 500)

Pos	Name	Cat	Club	Pair	Lane	Time	Info	Points
1	67 Pieter Dijkstra	HSA	DYC	34	O	50.80		
2	27 Bas Ellenbroek	HPA	DNIJ	35	I	51.52		
3	82 Hans ten Hag	H70	DYC	35	O	52.23		
4	76 Remco Wisselink	H45	SPORTIEF	33	O	52.88	PB	
5	35 Lisa Otten	DC1	DNIJ	34	I	55.90		
6	81 Waldo van Veen	H50	SPORTIEF	31	I	56.19		
7	12 Imme Ooijman	DC1	DYC	32	I	58.06		
8	19 Melle ter Horst	HPB	DYC	33	I	58.25		
9	28 Yvonne van den Berg	DPA	DNIJ	32	O	59.05		
10	77 Naomi Potjes	DPC	TG SV Zwolle	31	O	1:03.21		
11	61 Eline Tuitert	DPC	TG SV Zwolle	29	O	1:04.24		
12	58 Kim Versteeg	DPB	DNIJ	29	I	1:04.77		
	70 Ellis Van Halteren	DB2	DYC	36	I	DNS		
	21 Erik Jeuring	H40	SPORTIEF	36	O	DNS		

Referee:

Assistant:

Starter:

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Recordwedstrijd Vrijdag

Sport- en Recreatiecentrum de Scheg - Deventer

10 March 2023

6. Race Result 500 meter (2e 500)

		Name		Cat	Club	PB	Time	Info
29	wt	58	Kim Versteeg		DPB	DNIJ	58.50	1:04.77
	rd	61	Eline Tuitert		DPC	TG SV Zwolle	59.62	1:04.24
		Kim Versteeg			Eline Tuitert			
		100m	14.98	(14.98)	100m	15.27	(15.27)	
		500m	1:04.77	(49.79)	500m	1:04.24	(48.97)	

		Name		Cat	Club	PB	Time	Info
30	yw							
	bl							
		m			m			

		Name		Cat	Club	PB	Time	Info
31	wt	81	Waldo van Veen		H50	SPORTIEF	56.07	56.19
	rd	77	Naomi Potjes		DPC	TG SV Zwolle	58.57	1:03.21
		Waldo van Veen			Naomi Potjes			
		100m	14.25	(14.25)	100m	14.32	(14.32)	
		500m	56.19	(41.94)	500m	1:03.21	(48.89)	

		Name		Cat	Club	PB	Time	Info
32	yw	12	Imme Ooijman		DC1	DYC	54.88	58.06
	bl	28	Yvonne van den Berg		DPA	DNIJ	54.56	59.05
		Imme Ooijman			Yvonne van den Berg			
		100m	14.08	(14.08)	100m	14.28	(14.28)	
		500m	58.06	(43.98)	500m	59.05	(44.77)	

		Name		Cat	Club	PB	Time	Info
33	wt	19	Melle ter Horst		HPB	DYC	53.54	58.25
	rd	76	Remco Wisselink		H45	SPORTIEF	54.37	52.88 PB
		Melle ter Horst			Remco Wisselink			
		100m	13.78	(13.78)	100m	13.78	(13.78)	
		500m	58.25	(44.47)	500m	52.88	(39.10)	

Referee:

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Starter:

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Recordwedstrijd Vrijdag

Sport- en Recreatiecentrum de Scheg - Deventer

10 March 2023

		Name		Cat	Club	PB	Time	Info
34	yw	35	Lisa Otten	DC1	DNIJ	50.54	55.90	
	bl	67	Pieter Dijkstra	HSA	DYC	50.50	50.80	
		Lisa Otten			Pieter Dijkstra			
		100m	14.04	(14.04)	100m	13.37	(13.37)	
		500m	55.90	(41.86)	500m	50.80	(37.43)	

		Name		Cat	Club	PB	Time	Info
35	wt	27	Bas Ellenbroek	HPA	DNIJ	49.90	51.52	
	rd	82	Hans ten Hag	H70	DYC	45.87	52.23	
		Bas Ellenbroek			Hans ten Hag			
		100m	12.96	(12.96)	100m	13.61	(13.61)	
		500m	51.52	(38.56)	500m	52.23	(38.62)	

		Name		Cat	Club	PB	Time	Info
36	yw	70	Ellis Van Halteren	DB2	DYC	46.60	DNS	
	bl	21	Erik Jeuring	H40	SPORTIEF	41.78	DNS	
		Ellis Van Halteren			Erik Jeuring			
		100m	16.70	(16.70)				
		500m	1:20.51	(63.81)				

Recordwedstrijd Vrijdag

Sport- en Recreatiecentrum de Scheg - Deventer

10 March 2023

7. Result 100 meter (2x100)

Pos	Name	Cat	Club	Pair	Lane	Time	Info	Points
1	62 Julian Tuitert	HPD	TG SV Zwolle	37	I	16.32		
	44 Silke van den Bos	DPA	DNIJ			WDR		

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Sport- en Recreatiecentrum de Scheg - Deventer

10 March 2023

7. Race Result 100 meter (2x100)

		Name	Cat	Club	PB	Time	Info
37	wt	62 Julian Tuitert	HPD	TG SV Zwolle	16.04	16.32	
	rd	44 Silke van den Bos	DPA	DNIJ	14.04	WDR	
		<u>Julian Tuitert</u>		<u>Silke van den Bos</u>			
		100m	16.32	(16.32)			

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Sport- en Recreatiecentrum de Scheg - Deventer

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8. Result 1500 meter

Pos	Name	Cat	Club	Pair	Lane	Time	Info	Points
1	42 Gerwin Boschloo	H50	DYC	41	I	2:23.71		
2	16 Iris Rietman	DC2	DYC	40	O	2:35.48		
3	73 Lenneke Groot Koerkamp	DB2	DYC	40	I	2:36.37		
4	64 Twan van de Poppe	HPA	STG ELBURG	39	I	2:36.40		
5	5 Sjoerd de Haan	HPA	DYC	38	I	2:44.05		
6	36 Just Klunder	HPB	DYC	39	O	3:03.07		
	10 Kurt van de Nes	H50	TG SV Zwolle	38	O	DNS		
	57 Timon Nieuwenstein	HSB	TG SV Zwolle			WDR		

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Recordwedstrijd Vrijdag

Sport- en Recreatiecentrum de Scheg - Deventer

10 March 2023

8. Race Result 1500 meter

		Name	Cat	Club	PB	Time Info
38	wt	5 Sjoerd de Haan	HPA	DYC		2:44.05
	rd	10 Kurt van de Nes	H50	TG SV Zwolle		DNS

Sjoerd de Haan

300m	34.77	(34.77)
700m	1:17.43	(42.66)
1100m	2:01.24	(43.81)
1500m	2:44.05	(42.81)

Kurt van de Nes

		Name	Cat	Club	PB	Time Info
39	yw	64 Twan van de Poppe	HPA	STG ELBURG	2:31.54	2:36.40
	bl	36 Just Klunder	HPB	DYC		3:03.07

Twan van de Poppe

300m	32.88	(32.88)
700m	1:13.22	(40.34)
1100m	1:54.42	(41.20)
1500m	2:36.40	(41.98)

Just Klunder

300m	36.79	(36.79)
700m	1:23.15	(46.36)
1100m	2:13.07	(49.92)
1500m	3:03.07	(50.00)

		Name	Cat	Club	PB	Time Info
40	wt	73 Lenneke Groot Koerkamp	DB2	DYC	2:28.46	2:36.37
	rd	16 Iris Rietman	DC2	DYC	2:26.63	2:35.48

Lenneke Groot Koerkamp

300m	31.78	(31.78)
700m	1:11.65	(39.87)
1100m	1:53.75	(42.10)
1500m	2:36.37	(42.62)

Iris Rietman

300m	31.48	(31.48)
700m	1:09.91	(38.43)
1100m	1:52.53	(42.62)
1500m	2:35.48	(42.95)

		Name	Cat	Club	PB	Time Info
41	yw	42 Gerwin Boschloo	H50	DYC	2:10.91	2:23.71
	bl	57 Timon Nieuwenstein	HSB	TG SV Zwolle	1:51.19	WDR

Gerwin Boschloo

300m	30.96	(30.96)
700m	1:07.20	(36.24)
1100m	1:44.96	(37.76)
1500m	2:23.71	(38.75)

Timon Nieuwenstein

Recordwedstrijd Vrijdag

Sport- en Recreatiecentrum de Scheg - Deventer

10 March 2023

9. Result 1000 meter

Pos	Name	Cat	Club	Pair	Lane	Time	Info	Points
1	53 Harry Pardijs	H45	DNIJ	47	I	1:32.77		
2	59 Eva Weultjes	DC2	TG DSO	47	O	1:37.94		
3	13 Liz Wolters	DPB	DYC	42	O	1:43.92		
4	31 Morgan DeFreese	DPC	DYC	45	I	1:52.34		
5	9 Herre Mak	HPA	DYC	44	I	1:55.90		
6	29 Noor Klunder	DPC	SPORTIEF	43	I	1:58.15		
7	30 Olle Klunder	HPE	DYC	42	I	2:03.66		
8	11 Blom Ooijman	DPA	DYC	43	O	2:09.89		
	69 Tobi Kiers	HC2	DYC	44	O	DNS		
	18 Marlin Schouwstra	DB1	DYC	46	I	DNS		
	33 Dalanda Jalloh	DB1	DYC			WDR		

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Recordwedstrijd Vrijdag

Sport- en Recreatiecentrum de Scheg - Deventer

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9. Race Result 1000 meter

		Name		Cat	Club	PB	Time	Info
42	wt	30	Olle Klunder		HPE	DYC		2:03.66
	rd	13	Liz Wolters		DPB	DYC		1:43.92
		Olle Klunder			Liz Wolters			
		200m	25.24	(25.24)	200m	22.55	(22.55)	
		600m	1:12.61	(47.37)	600m	1:01.73	(39.18)	
		1000m	2:03.66	(51.05)	1000m	1:43.92	(42.19)	

		Name		Cat	Club	PB	Time	Info
43	yw	29	Noor Klunder		DPC	SPORTIEF		1:58.15
	bl	11	Blom Ooijman		DPA	DYC		2:09.89
		Noor Klunder			Blom Ooijman			
		200m	25.14	(25.14)	200m	28.03	(28.03)	
		600m	1:09.37	(44.23)	600m	1:16.86	(48.83)	
		1000m	1:58.15	(48.78)	1000m	2:09.89	(53.03)	

		Name		Cat	Club	PB	Time	Info
44	wt	9	Herre Mak		HPA	DYC	1:51.97	1:55.90
	rd	69	Tobi Kiers		HC2	DYC	1:50.56	DNS
		Herre Mak			Tobi Kiers			
		200m	24.64	(24.64)				
		600m	1:08.67	(44.03)				
		1000m	1:55.90	(47.23)				

		Name		Cat	Club	PB	Time	Info
45	yw	31	Morgan DeFreese		DPC	DYC	1:45.91	1:52.34
	bl	33	Dalanda Jalloh		DB1	DYC	1:41.19	WDR
		Morgan DeFreese			Dalanda Jalloh			
		200m	23.74	(23.74)				
		600m	1:06.01	(42.27)				
		1000m	1:52.34	(46.33)				

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Sport- en Recreatiecentrum de Scheg - Deventer

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		Name	Cat	Club	PB	Time	Info
46	wt rd	18 Marlin Schouwstra	DB1	DYC	1:40.41		DNS

Marlin Schouwstra

m

		Name	Cat	Club	PB	Time	Info
47	yw	53 Harry Pardijs	H45	DNIJ	1:14.14		1:32.77
	bl	59 Eva Weultjes	DC2	TG DSO	1:31.14		1:37.94

Harry Pardijs

Eva Weultjes

200m 22.34 (22.34)

200m 22.28 (22.28)

600m 54.62 (32.28)

600m 58.97 (36.69)

1000m 1:32.77 (38.15)

1000m 1:37.94 (38.97)

Recordwedstrijd Vrijdag

Sport- en Recreatiecentrum de Scheg - Deventer

10 March 2023

10. Result 3000 meter

Pos	Name	Cat	Club	Pair	Lane	Time	Info	Points
1	17 Noam van de Koppel	HC2	DYC	48	O	5:12.87		
2	74 Mees Klunder	HC1	DYC	49	O	5:15.55		
3	79 Kalista Lamers	DB1	DNIJ	48	I	5:33.45		
	48 Beau Kappers	HB1	DYC	49	I	DNF		

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Recordwedstrijd Vrijdag

Sport- en Recreatiecentrum de Scheg - Deventer

10 March 2023

10. Race Result 3000 meter

	Name	Cat	Club	PB	Time Info
48	wt 79 Kalista Lamers	DB1	DNIJ	5:15.51	5:33.45
	rd 17 Noam van de Koppel	HC2	DYC		5:12.87

Kalista Lamers

200m	23.54	(23.54)
600m	1:03.50	(39.96)
1000m	1:45.56	(42.06)
1400m	2:28.48	(42.92)
1800m	3:13.27	(44.79)
2200m	3:58.90	(45.63)
2600m	4:46.27	(47.37)
3000m	5:33.45	(47.18)

Noam van de Koppel

200m	23.54	(23.54)
600m	1:02.03	(38.49)
1000m	1:43.07	(41.04)
1400m	2:24.98	(41.91)
1800m	3:07.51	(42.53)
2200m	3:50.04	(42.53)
2600m	4:32.94	(42.90)
3000m	5:12.87	(39.93)

	Name	Cat	Club	PB	Time Info
49	yw 48 Beau Kappers	HB1	DYC	5:01.59	DNF
	bl 74 Mees Klunder	HC1	DYC	4:56.42	5:15.55

Beau Kappers

200m	21.22	(21.22)
600m	58.81	(37.59)
1000m	1:39.50	(40.69)
1400m	2:21.25	(41.75)
1800m	3:04.00	(42.75)

Mees Klunder

200m	21.89	(21.89)
600m	59.31	(37.42)
1000m	1:38.86	(39.55)
1400m	2:19.52	(40.66)
1800m	3:01.55	(42.03)
2200m	3:44.83	(43.28)
2600m	4:29.77	(44.94)
3000m	5:15.55	(45.78)

Recordwedstrijd Vrijdag

Sport- en Recreatiecentrum de Scheg - Deventer

10 March 2023

11. Result 5000 meter

Pos	Name	Cat	Club	Pair	Lane	Time	Info	Points
1	39 Daniël van Velsen	HA2	DYC	53	I	7:58.26	PB	
2	26 Arjen Esselink	H55	DYC	51	I	8:48.38	PB	
3	40 Jan-Willem van Velsen	H50	DYC	52	O	8:48.81		
4	32 Bas Hagen	H50	DYC	53	O	9:01.07		
5	4 Jasmijn Egers	DN4	DYC	51	O	9:17.14		
6	43 Klaas Jan van der Veen	H50	DYC	50	O	9:19.10		
7	3 Chantal Herms	D45	DYC	50	I	9:31.52		
8	78 Arne Alphenaar	H60	DYC	52	I	9:59.91		

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Recordwedstrijd Vrijdag

Sport- en Recreatiecentrum de Scheg - Deventer

10 March 2023

11. Race Result 5000 meter

	Name	Cat	Club	PB	Time	Info
50	wt 3 Chantal Herms	D45	DYC	9:08.71	9:31.52	
	rd 43 Klaas Jan van der Veen	H50	DYC		9:19.10	
	Chantal Herms					
	200m	23.21	(23.21)			
	600m	1:03.36	(40.15)			
	1000m	1:45.85	(42.49)			
	1400m	2:29.99	(44.14)			
	1800m	3:14.88	(44.89)			
	2200m	4:00.23	(45.35)			
	2600m	4:46.09	(45.86)			
	3000m	5:31.59	(45.50)			
	3400m	6:18.20	(46.61)			
	3800m	7:01.40	(43.20)			
	4200m	7:53.33	(51.93)			
	4600m	8:42.13	(48.80)			
	5000m	9:31.52	(49.39)			
	Klaas Jan van der Veen					
	200m	23.12	(23.12)			
	600m	1:01.63	(38.51)			
	1000m	1:44.79	(43.16)			
	1400m	2:29.07	(44.28)			
	1800m	3:13.92	(44.85)			
	2200m	3:58.67	(44.75)			
	2600m	4:44.06	(45.39)			
	3000m	5:29.68	(45.62)			
	3400m	6:15.22	(45.54)			
	3800m	7:01.88	(46.66)			
	4200m	7:48.53	(46.65)			
	4600m	8:34.95	(46.42)			
	5000m	9:19.10	(44.15)			

	Name	Cat	Club	PB	Time	Info
51	yw 26 Arjen Esselink	H55	DYC	8:52.09	8:48.38	PB
	bl 4 Jasmijn Egers	DN4	DYC	8:49.42	9:17.14	
	Arjen Esselink					
	200m	23.96	(23.96)			
	600m	1:03.72	(39.76)			
	1000m	1:45.55	(41.83)			
	1400m	2:27.23	(41.68)			
	1800m	3:08.94	(41.71)			
	2200m	3:50.55	(41.61)			
	2600m	4:32.79	(42.24)			
	3000m	5:15.14	(42.35)			
	3400m	5:54.60	(39.46)			
	3800m	6:41.25	(46.65)			
	4200m	7:23.48	(42.23)			
	4600m	8:06.20	(42.72)			
	5000m	8:48.38	(42.18)			
	Jasmijn Egers					
	200m	24.57	(24.57)			
	600m	1:05.47	(40.90)			
	1000m	1:48.20	(42.73)			
	1400m	2:32.29	(44.09)			
	1800m	3:16.07	(43.78)			
	2200m	4:00.24	(44.17)			
	2600m	4:44.42	(44.18)			
	3000m	5:29.62	(45.20)			
	3400m	6:15.21	(45.59)			
	3800m	7:01.38	(46.17)			
	4200m	7:46.74	(45.36)			
	4600m	8:32.43	(45.69)			
	5000m	9:17.14	(44.71)			

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Recordwedstrijd Vrijdag

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name	Cat	Club	PB	Time	Info
52	wt	78 Arne Alphenaar	H60	DYC	8:33.38	9:59.91	
	rd	40 Jan-Willem van Velsen	H50	DYC	8:42.98	8:48.81	
		Arne Alphenaar			Jan-Willem van Velsen		
		200m	27.47	(27.47)	200m	23.10	(23.10)
		600m	1:12.10	(44.63)	600m	1:01.98	(38.88)
		1000m	1:57.57	(45.47)	1000m	1:41.53	(39.55)
		1400m	2:43.67	(46.10)	1400m	2:22.30	(40.77)
		1800m	3:30.86	(47.19)	1800m	3:03.23	(40.93)
		2200m	4:17.88	(47.02)	2200m	3:45.17	(41.94)
		2600m	5:06.73	(48.85)	2600m	4:27.35	(42.18)
		3000m	5:55.64	(48.91)	3000m	5:10.45	(43.10)
		3400m	6:44.03	(48.39)	3400m	5:53.27	(42.82)
		3800m	7:33.03	(49.00)	3800m	6:37.21	(43.94)
		4200m	8:22.42	(49.39)	4200m	7:21.25	(44.04)
		4600m	9:11.37	(48.95)	4600m	8:05.75	(44.50)
		5000m	9:59.91	(48.54)	5000m	8:48.81	(43.06)

		Name	Cat	Club	PB	Time	Info
53	yw	39 Daniël van Velsen	HA2	DYC	8:06.05	7:58.26	PB
	bl	32 Bas Hagen	H50	DYC	8:32.26	9:01.07	
		Daniël van Velsen			Bas Hagen		
		200m	21.34	(21.34)	200m	25.36	(25.36)
		600m	57.30	(35.96)	600m	1:06.53	(41.17)
		1000m	1:33.65	(36.35)	1000m	1:48.89	(42.36)
		1400m	2:10.10	(36.45)	1400m	2:31.98	(43.09)
		1800m	2:47.30	(37.20)	1800m	3:15.10	(43.12)
		2200m	3:24.66	(37.36)	2200m	3:58.62	(43.52)
		2600m	4:02.17	(37.51)	2600m	4:41.95	(43.33)
		3000m	4:40.30	(38.13)	3000m	5:25.15	(43.20)
		3400m	5:19.05	(38.75)	3400m	6:08.24	(43.09)
		3800m	5:58.29	(39.24)	3800m	6:52.20	(43.96)
		4200m	6:39.03	(40.74)	4200m	7:35.81	(43.61)
		4600m	7:19.52	(40.49)	4600m	8:19.19	(43.38)
		5000m	7:58.26	(38.74)	5000m	9:01.07	(41.88)

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