

# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

## 1. Result 100 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	17 Roan Varenbrink	HPC	8	I	13.14	PB	
2	41 Douwe Gildemacher	HPC	9	O	13.81	PB	
3	10 Pien Evers	DPD	8	O	13.85	PB	
4	65 Lize Zeewuster	DPB	6	O	14.09	PB	
5	70 Jill Isfordink	DPD	5	O	14.82	PB	
6	39 Sylvan Markvoort	HPC	6	I	15.65		
7	25 Arwen Bezembinder	DPB	4	I	16.11	PB	
8	23 Ruben Warmink	HPE	4	O	16.56	PB	
9	80 Roos Bak	DPF	5	I	16.72		
10	56 Fenne Nijenhuis	DPD	3	I	19.75		
11	22 Faas Klunder	HPE	2	I	19.91		
12	105 Mick de Wals	HPD	3	O	20.05		
13	101 Kalijn Kruithof	DPF	1	I	20.75	PB	
	8 Ties Groothuis	HPD	7	I	DNS		
	41 Douwe Gildemacher	HPC	7	O	DNS		
	102 Bruno Esmeijer	HPE			WDR		

Referee:

Assistant:

Starter:

From 3/17/2023 5:30:00 PM to 3/17/2023 6:21:42 PM

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# Recordwedstrijd DIJC in Thialf Heerenveen

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17 March 2023

## 1. Race Result 100 meter

		Name		Cat		PB		Time	Info
1	wt	101	<b>Kalijn Kruithof</b>		DPF	21.60		<b>20.75</b>	PB
	rd								
		<u>Kalijn Kruithof</u>							
		100m	20.75	(20.75)		m			

		Name		Cat		PB		Time	Info
2	yw	22	<b>Faas Klunder</b>		HPE	19.24		<b>19.91</b>	
	bl	102	<b>Bruno Esmeijer</b>		HPE	19.34		<b>WDR</b>	
		<u>Faas Klunder</u>							
		100m	19.91	(19.91)		<u>Bruno Esmeijer</u>			

		Name		Cat		PB		Time	Info
3	wt	56	<b>Fenne Nijenhuis</b>		DPD	18.63		<b>19.75</b>	
	rd	105	<b>Mick de Wals</b>		HPD	19.03		<b>20.05</b>	
		<u>Fenne Nijenhuis</u>							
		100m	19.75	(19.75)		<u>Mick de Wals</u>			
						100m	20.05	(20.05)	

		Name		Cat		PB		Time	Info
4	yw	25	<b>Arwen Bezembinder</b>		DPB	16.30		<b>16.11</b>	PB
	bl	23	<b>Ruben Warmink</b>		HPE	17.01		<b>16.56</b>	PB
		<u>Arwen Bezembinder</u>							
		100m	16.11	(16.11)		<u>Ruben Warmink</u>			
						100m	16.56	(16.56)	

		Name		Cat		PB		Time	Info
5	wt	80	<b>Roos Bak</b>		DPF	15.95		<b>16.72</b>	
	rd	70	<b>Jill Isfordink</b>		DPD	15.21		<b>14.82</b>	PB
		<u>Roos Bak</u>							
		100m	16.72	(16.72)		<u>Jill Isfordink</u>			
						100m	14.82	(14.82)	

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		Name		Cat		PB		Time	Info
6	yw	39	<b>Sylvan Markvoort</b>		HPC		15.02	<b>15.65</b>	
	bl	65	<b>Lize Zeewuster</b>		DPB		14.83	<b>14.09</b>	PB
		<u>Sylvan Markvoort</u>			<u>Lize Zeewuster</u>				
		100m	15.65	(15.65)	100m	14.09	(14.09)		

		Name		Cat		PB		Time	Info
7	wt	8	<b>Ties Groothuis</b>		HPD		13.38	<b>DNS</b>	
	rd	41	<b>Douwe Gildemacher</b>		HPC		14.24	<b>DNS</b>	
		<u>Ties Groothuis</u>			<u>Douwe Gildemacher</u>				

		Name		Cat		PB		Time	Info
8	yw	17	<b>Roan Varenbrink</b>		HPC		13.16	<b>13.14</b>	PB
	bl	10	<b>Pien Evers</b>		DPD		14.18	<b>13.85</b>	PB
		<u>Roan Varenbrink</u>			<u>Pien Evers</u>				
		100m	13.14	(13.14)	100m	13.85	(13.85)		

		Name		Cat		PB		Time	Info
9	wt								
	rd	41	<b>Douwe Gildemacher</b>		HPC		14.24	<b>13.81</b>	PB
		<u>Douwe Gildemacher</u>							
		m			100m	13.81	(13.81)		

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# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

## 2. Result 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	4 Tim Hoogkamer	HSA	54	I	36.49	PB	
2	50 Floris van Velsen	HB2	55	O	37.53	PB	
3	19 Jack Boekema	HC1	55	I	38.50		
4	42 Daniël van Velsen	HA2	52	I	40.24		
5	115 Yasmine Bouaziz	DA2	53	O	40.78		
6	75 Rens Hiddink	HN1	50	I	41.10		
7	108 Govert van der Weijden	HB1	53	I	41.18		
8	98 Jasmijn ter Haar	DC1	51	O	41.87	PB	
	54 Marloes Westerhof	DSB	51	I	41.87	PB	
10	26 Floris Klunder	H45	47	I	42.26		
11	61 Beau Kappers	HB1	48	O	42.77		
12	36 Noam van de Koppel	HC2	50	O	42.84		
13	90 Etienne Tournier	HB1	49	O	42.95		
14	29 Menno Klunder	H45	46	O	43.07		
15	5 Mees Klunder	HC1	49	I	43.19		
16	116 Noëmi De boer	DB2	48	I	43.38		
17	52 Klaas Jan van der Veen	H50	44	O	43.65		
18	68 Gerwin Boschloo	H50	46	I	43.86		
19	88 Koen Bos	HA2	45	O	44.18		
20	64 Femke Assink	DN3	44	I	44.20		
21	35 Jan-Willem van Velsen	H50	43	O	44.50		
22	83 Ties Sinke	HB2	38	I	44.53	PB	
23	2 Veerle Friso	DC1	47	O	44.79		
24	14 Luca Batterink	HPA	39	I	45.07	PB	
25	11 Charley Boekema	DPC	43	I	45.20	PB	
26	114 Jimmie van der Veen	HN4	42	I	45.37		
27	72 Ellis Van Halteren	DB2	34	I	45.77	PB	
28	32 Suze Egbring	DA1	45	I	45.90		
29	31 Chantal Herms	D45	56	O	46.14		
30	30 Iris Rietman	DC2	56	I	46.37		
31	89 Luna Blumink	DB1	35	I	46.64	PB	
32	3 Liz Wolters	DPB	39	O	46.70		
33	87 Janneke Bos	DB1	36	I	46.71	PB	
34	20 Benthe Kamerling	DPB	38	O	46.73	PB	
35	62 Arjen Esselink	H55	40	I	46.76		
36	28 Paul de Leeuw	HPA	40	O	47.17		
37	24 Lauren van den Brink	DPC	41	O	47.24		
38	49 Wietske Bannink	DSB	34	O	47.28		

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Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	46 Bas Hagen	H50	33	I	47.46		
40	60 Céline Hagen	DB2	30	O	47.52		
41	15 Julia Vredenberg	DB2	37	O	47.56		
42	109 Aafke Altena	DPA	32	O	47.71	PB	
43	47 Marlin Schouwstra	DB1	32	I	47.91	PB	
44	63 Jasmijn Egers	DN4	35	O	48.10		
45	112 Ronald van der Aa	H40	9	O	48.14		
46	111 Diede Salomons	DPA	31	I	48.16	PB	
47	79 Noah Bak	DC2	28	I	48.28	PB	
48	43 Dalanda Jalloh	DB1	29	O	48.37	PB	
49	48 Hans ten Hag	H70	33	O	48.49		
50	99 Megan Bootsveld	DN2	31	O	48.66		
51	66 Morgan DeFreese	DPC	36	O	48.83		
52	96 Femke Ditzel	DB2	26	I	48.89	PB	
53	104 Ellen Bongertman	DB2	22	I	49.07	PB	
54	21 Sjoerd de Haan	HPA	29	I	49.22	PB	
55	93 Pieter Dijkstra	HSA	27	I	49.29	PB	
56	55 Herre Mak	HPA	28	O	49.34	PB	
57	84 Liam Schroten	HPB	42	O	49.58		
58	81 Linda van Oosterom	D40	27	O	49.67		
59	85 Cheryl Buitenhuis	DA2	30	I	49.90		
60	59 Tobi Kiers	HC2	25	I	49.93	PB	
61	92 Erwin Huzen	HSB	24	O	50.45	PB	
62	18 Just Klunder	HPB	26	O	50.49	PB	
63	95 Mirjam Hulsebos	D50	25	O	50.67		
64	91 Mathieu Tournier	HA1	22	O	51.23		
65	57 Melle ter Horst	HPB	23	O	51.73	PB	
66	103 Danique Dellink	DN4	41	I	52.03		
67	78 Lise Koier	DC1	24	I	52.52		
68	12 Elin Varenbrink	DPA	20	I	52.54	PB	
69	110 Noor Klunder	DPC	23	I	52.82		
70	100 Zelda Welgraven	DN4	20	O	53.15		
71	73 Arne Alphenaar	H60	37	I	53.27		
72	77 Hilde Klok	DC1	21	I	53.29	PB	
73	7 Imme Ooijman	DC1	21	O	53.74	PB	
74	6 Luuk Groothuis	HPC	18	O	54.20	PB	
75	34 Jill Krikken	DPD	19	I	54.44	PB	
76	16 Olle Klunder	HPE	18	I	54.47	PB	
77	106 Sikko Kranenborg	H70	17	O	55.58		

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Sport- en Recreatiecentrum de Scheg - Deventer

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Pos	Name	Cat	Pair	Lane	Time	Info	Points
78	97 Britt Spenkelink	DPA	19	O	57.06		
79	40 Alexander Warmink	HPA	12	O	57.29	PB	
80	45 Minke Nijenhuis	DPB	12	I	57.54	PB	
81	9 Fabian Kruihof	HPC	15	I	57.55	PB	
82	27 Eva Mezzo	DPC	15	O	57.64	PB	
83	107 Wietske Brandsma	D45	14	I	57.93	PB	
84	1 Blom Ooijman	DPA	14	O	57.98	PB	
85	51 Merle Markvoort	DPA	16	I	58.40		
86	13 Lauren Wolters	DPD	16	O	59.09		
87	69 Robin Stadhouders	DPA	10	I	59.41	PB	
88	38 Suze Kleinsman	DPB	13	I	1:00.69	PB	
89	58 Elin Mak	DPE	17	I	1:01.05		
90	37 Wietze de Haan	HPB	13	O	1:02.16		
91	94 Carlijn van Dongen	DC1	11	I	1:03.69	PB	
92	82 Coosje Sinke	DPB	11	O	1:06.34	PB	
93	86 Maren Arnold	DPB	9	I	1:10.08	PB	
94	44 Thijmen Warmink	HPC	10	O	1:11.24	PB	
	33 Luca Heesen	HN2				WDR	
	113 Adriaan de Kluiver	HSA				WDR	

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## 2. Race Result 500 meter

		Name		Cat		PB		Time	Info
9	wt	86	<b>Maren Arnold</b>		DPB		1:14.68	<b>1:10.08</b>	PB
	rd	112	<b>Ronald van der Aa</b>		H40			<b>48.14</b>	
		<b>Maren Arnold</b>			<b>Ronald van der Aa</b>				
		100m	16.52	(16.52)	100m	13.57	(13.57)		
		500m	1:10.08	(53.56)	500m	48.14	(34.57)		

		Name		Cat		PB		Time	Info
10	yw	69	<b>Robin Stadhouders</b>		DPA		1:00.52	<b>59.41</b>	PB
	bl	44	<b>Thijmen Warmink</b>		HPC		1:13.91	<b>1:11.24</b>	PB
		<b>Robin Stadhouders</b>			<b>Thijmen Warmink</b>				
		100m	14.12	(14.12)	100m	15.60	(15.60)		
		500m	59.41	(45.29)	500m	1:11.24	(55.64)		

		Name		Cat		PB		Time	Info
11	wt	94	<b>Carlijn van Dongen</b>		DC1		1:04.95	<b>1:03.69</b>	PB
	rd	82	<b>Coosje Sinke</b>		DPB		1:08.51	<b>1:06.34</b>	PB
		<b>Carlijn van Dongen</b>			<b>Coosje Sinke</b>				
		100m	15.44	(15.44)	100m	15.44	(15.44)		
		500m	1:03.69	(48.25)	500m	1:06.34	(50.90)		

		Name		Cat		PB		Time	Info
12	yw	45	<b>Minke Nijenhuis</b>		DPB		1:01.09	<b>57.54</b>	PB
	bl	40	<b>Alexander Warmink</b>		HPA		1:01.57	<b>57.29</b>	PB
		<b>Minke Nijenhuis</b>			<b>Alexander Warmink</b>				
		100m	13.97	(13.97)	100m	13.63	(13.63)		
		500m	57.54	(43.57)	500m	57.29	(43.66)		

		Name		Cat		PB		Time	Info
13	wt	38	<b>Suze Kleinsman</b>		DPB		1:00.96	<b>1:00.69</b>	PB
	rd	37	<b>Wietze de Haan</b>		HPB		1:01.38	<b>1:02.16</b>	
		<b>Suze Kleinsman</b>			<b>Wietze de Haan</b>				
		100m	13.92	(13.92)	100m	16.53	(16.53)		
		500m	1:00.69	(46.77)	500m	1:02.16	(45.63)		

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		Name		Cat		PB	Time	Info
14	yw	107	<b>Wietske Brandsma</b>		D45		1:00.17	<b>57.93</b> PB
	bl	1	<b>Blom Ooijman</b>		DPA		59.90	<b>57.98</b> PB
		<b>Wietske Brandsma</b>			<b>Blom Ooijman</b>			
		100m	15.68	(15.68)	100m	14.46	(14.46)	
		500m	57.93	(42.25)	500m	57.98	(43.52)	
<hr/>								
		Name		Cat		PB	Time	Info
15	wt	9	<b>Fabian Kruithof</b>		HPC		59.82	<b>57.55</b> PB
	rd	27	<b>Eva Mezzo</b>		DPC		1:00.80	<b>57.64</b> PB
		<b>Fabian Kruithof</b>			<b>Eva Mezzo</b>			
		100m	14.28	(14.28)	100m	13.72	(13.72)	
		500m	57.55	(43.27)	500m	57.64	(43.92)	
<hr/>								
		Name		Cat		PB	Time	Info
16	yw	51	<b>Merle Markvoort</b>		DPA		57.10	<b>58.40</b>
	bl	13	<b>Lauren Wolters</b>		DPD		57.55	<b>59.09</b>
		<b>Merle Markvoort</b>			<b>Lauren Wolters</b>			
		100m	14.62	(14.62)	100m	14.49	(14.49)	
		500m	58.40	(43.78)	500m	59.09	(44.60)	
<hr/>								
		Name		Cat		PB	Time	Info
17	wt	58	<b>Elin Mak</b>		DPE		58.93	<b>1:01.05</b>
	rd	106	<b>Sikko Kranenburg</b>		H70		51.34	<b>55.58</b>
		<b>Elin Mak</b>			<b>Sikko Kranenburg</b>			
		100m	14.69	(14.69)	100m	14.60	(14.60)	
		500m	1:01.05	(46.36)	500m	55.58	(40.98)	
<hr/>								
		Name		Cat		PB	Time	Info
18	yw	16	<b>Olle Klunder</b>		HPE		56.12	<b>54.47</b> PB
	bl	6	<b>Luuk Groothuis</b>		HPC		55.77	<b>54.20</b> PB
		<b>Olle Klunder</b>			<b>Luuk Groothuis</b>			
		100m	13.41	(13.41)	100m	13.39	(13.39)	
		500m	54.47	(41.06)	500m	54.20	(40.81)	

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		Name	Cat		PB	Time	Info
19	wt	34 <b>Jill Krikken</b>	DPD		56.79	<b>54.44</b>	PB
	rd	97 <b>Britt Spenkelink</b>	DPA		54.92	<b>57.06</b>	
		<b>Jill Krikken</b>		<b>Britt Spenkelink</b>			
		100m	13.39	(13.39)	100m	13.62	(13.62)
		500m	54.44	(41.05)	500m	57.06	(43.44)
		Name	Cat		PB	Time	Info
20	yw	12 <b>Elin Varenbrink</b>	DPA		53.58	<b>52.54</b>	PB
	bl	100 <b>Zelda Welgraven</b>	DN4		51.42	<b>53.15</b>	
		<b>Elin Varenbrink</b>		<b>Zelda Welgraven</b>			
		100m	13.46	(13.46)	100m	13.19	(13.19)
		500m	52.54	(39.08)	500m	53.15	(39.96)
		Name	Cat		PB	Time	Info
21	wt	77 <b>Hilde Klok</b>	DC1		54.85	<b>53.29</b>	PB
	rd	7 <b>Imme Ooijman</b>	DC1		54.88	<b>53.74</b>	PB
		<b>Hilde Klok</b>		<b>Imme Ooijman</b>			
		100m	13.97	(13.97)	100m	13.68	(13.68)
		500m	53.29	(39.32)	500m	53.74	(40.06)
		Name	Cat		PB	Time	Info
22	yw	104 <b>Ellen Bongertman</b>	DB2		53.91	<b>49.07</b>	PB
	bl	91 <b>Mathieu Tournier</b>	HA1		50.32	<b>51.23</b>	
		<b>Ellen Bongertman</b>		<b>Mathieu Tournier</b>			
		100m	13.38	(13.38)	100m	12.95	(12.95)
		500m	49.07	(35.69)	500m	51.23	(38.28)
		Name	Cat		PB	Time	Info
23	wt	110 <b>Noor Klunder</b>	DPC		52.56	<b>52.82</b>	
	rd	57 <b>Melle ter Horst</b>	HPB		53.54	<b>51.73</b>	PB
		<b>Noor Klunder</b>		<b>Melle ter Horst</b>			
		100m	13.52	(13.52)	100m	12.99	(12.99)
		500m	52.82	(39.30)	500m	51.73	(38.74)

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		Name		Cat		PB	Time	Info
24	yw	78	<b>Lise Koier</b>		DC1	51.79	<b>52.52</b>	
	bl	92	<b>Erwin Huzen</b>		HSB	51.86	<b>50.45</b>	PB
		<b>Lise Koier</b>			<b>Erwin Huzen</b>			
		100m	13.89	(13.89)	100m	13.45	(13.45)	
		500m	52.52	(38.63)	500m	50.45	(37.00)	
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		Name		Cat		PB	Time	Info
25	wt	59	<b>Tobi Kiers</b>		HC2	51.47	<b>49.93</b>	PB
	rd	95	<b>Mirjam Hulsebos</b>		D50	50.18	<b>50.67</b>	
		<b>Tobi Kiers</b>			<b>Mirjam Hulsebos</b>			
		100m	13.01	(13.01)	100m	13.76	(13.76)	
		500m	49.93	(36.92)	500m	50.67	(36.91)	
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		Name		Cat		PB	Time	Info
26	yw	96	<b>Femke Ditzel</b>		DB2	50.50	<b>48.89</b>	PB
	bl	18	<b>Just Klunder</b>		HPB	50.81	<b>50.49</b>	PB
		<b>Femke Ditzel</b>			<b>Just Klunder</b>			
		100m	13.08	(13.08)	100m	13.29	(13.29)	
		500m	48.89	(35.81)	500m	50.49	(37.20)	
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		Name		Cat		PB	Time	Info
27	wt	93	<b>Pieter Dijkstra</b>		HSA	50.50	<b>49.29</b>	PB
	rd	81	<b>Linda van Oosterom</b>		D40	47.98	<b>49.67</b>	
		<b>Pieter Dijkstra</b>			<b>Linda van Oosterom</b>			
		100m	13.62	(13.62)	100m	13.56	(13.56)	
		500m	49.29	(35.67)	500m	49.67	(36.11)	
<hr/>								
		Name		Cat		PB	Time	Info
28	yw	79	<b>Noah Bak</b>		DC2	50.03	<b>48.28</b>	PB
	bl	55	<b>Herre Mak</b>		HPA	50.38	<b>49.34</b>	PB
		<b>Noah Bak</b>			<b>Herre Mak</b>			
		100m	12.83	(12.83)	100m	13.28	(13.28)	
		500m	48.28	(35.45)	500m	49.34	(36.06)	

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# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name		Cat		PB	Time	Info
29	wt	21	<b>Sjoerd de Haan</b>		HPA	50.07	<b>49.22</b>	PB
	rd	43	<b>Dalanda Jalloh</b>		DB1	48.64	<b>48.37</b>	PB
		<b>Sjoerd de Haan</b>			<b>Dalanda Jalloh</b>			
		100m	12.84	(12.84)	100m	12.67	(12.67)	
		500m	49.22	(36.38)	500m	48.37	(35.70)	
<hr/>								
		Name		Cat		PB	Time	Info
30	yw	85	<b>Cheryl Buitenhuis</b>		DA2	48.30	<b>49.90</b>	
	bl	60	<b>Céline Hagen</b>		DB2	47.20	<b>47.52</b>	
		<b>Cheryl Buitenhuis</b>			<b>Céline Hagen</b>			
		100m	12.90	(12.90)	100m	12.83	(12.83)	
		500m	49.90	(37.00)	500m	47.52	(34.69)	
<hr/>								
		Name		Cat		PB	Time	Info
31	wt	111	<b>Diede Salomons</b>		DPA	49.23	<b>48.16</b>	PB
	rd	99	<b>Megan Bootsveld</b>		DN2	47.20	<b>48.66</b>	
		<b>Diede Salomons</b>			<b>Megan Bootsveld</b>			
		100m	12.86	(12.86)	100m	13.34	(13.34)	
		500m	48.16	(35.30)	500m	48.66	(35.32)	
<hr/>								
		Name		Cat		PB	Time	Info
32	yw	47	<b>Marlin Schouwstra</b>		DB1	48.77	<b>47.91</b>	PB
	bl	109	<b>Aafke Altena</b>		DPA	48.52	<b>47.71</b>	PB
		<b>Marlin Schouwstra</b>			<b>Aafke Altena</b>			
		100m	13.28	(13.28)	100m	12.93	(12.93)	
		500m	47.91	(34.63)	500m	47.71	(34.78)	
<hr/>								
		Name		Cat		PB	Time	Info
33	wt	46	<b>Bas Hagen</b>		H50	47.06	<b>47.46</b>	
	rd	48	<b>Hans ten Hag</b>		H70	45.87	<b>48.49</b>	
		<b>Bas Hagen</b>			<b>Hans ten Hag</b>			
		100m	13.20	(13.20)	100m	13.28	(13.28)	
		500m	47.46	(34.26)	500m	48.49	(35.21)	

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# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name		Cat		PB		Time	Info
34	yw	72	<b>Ellis Van Halteren</b>		DB2	46.60		<b>45.77</b>	PB
	bl	49	<b>Wietske Bannink</b>		DSB	43.81		<b>47.28</b>	
		<b>Ellis Van Halteren</b>			<b>Wietske Bannink</b>				
		100m	12.60	(12.60)	100m	12.33	(12.33)		
		500m	45.77	(33.17)	500m	47.28	(34.95)		
<hr/>									
		Name		Cat		PB		Time	Info
35	wt	89	<b>Luna Blumink</b>		DB1	47.66		<b>46.64</b>	PB
	rd	63	<b>Jasmijn Egers</b>		DN4	47.66		<b>48.10</b>	
		<b>Luna Blumink</b>			<b>Jasmijn Egers</b>				
		100m	12.63	(12.63)	100m	13.00	(13.00)		
		500m	46.64	(34.01)	500m	48.10	(35.10)		
<hr/>									
		Name		Cat		PB		Time	Info
36	yw	87	<b>Janneke Bos</b>		DB1	46.93		<b>46.71</b>	PB
	bl	66	<b>Morgan DeFreese</b>		DPC	47.55		<b>48.83</b>	
		<b>Janneke Bos</b>			<b>Morgan DeFreese</b>				
		100m	12.64	(12.64)	100m	12.93	(12.93)		
		500m	46.71	(34.07)	500m	48.83	(35.90)		
<hr/>									
		Name		Cat		PB		Time	Info
37	wt	73	<b>Arne Alphenaar</b>		H60	47.36		<b>53.27</b>	
	rd	15	<b>Julia Vredenberg</b>		DB2	45.66		<b>47.56</b>	
		<b>Arne Alphenaar</b>			<b>Julia Vredenberg</b>				
		100m	14.08	(14.08)	100m	12.88	(12.88)		
		500m	53.27	(39.19)	500m	47.56	(34.68)		
<hr/>									
		Name		Cat		PB		Time	Info
38	yw	83	<b>Ties Sinke</b>		HB2	46.49		<b>44.53</b>	PB
	bl	20	<b>Benthe Kamerling</b>		DPB	46.73		<b>46.73</b>	PB
		<b>Ties Sinke</b>			<b>Benthe Kamerling</b>				
		100m	12.16	(12.16)	100m	12.37	(12.37)		
		500m	44.53	(32.37)	500m	46.73	(34.36)		

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# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name		Cat		PB		Time	Info
39	wt	14	<b>Luca Batterink</b>		HPA	46.33		<b>45.07</b>	PB
	rd	3	<b>Liz Wolters</b>		DPB	46.41		<b>46.70</b>	
		<b>Luca Batterink</b>			<b>Liz Wolters</b>				
		100m	11.64	(11.64)	100m	12.26	(12.26)		
		500m	45.07	(33.43)	500m	46.70	(34.44)		
<hr/>									
		Name		Cat		PB		Time	Info
40	yw	62	<b>Arjen Esselink</b>		H55	46.23		<b>46.76</b>	
	bl	28	<b>Paul de Leeuw</b>		HPA	46.04		<b>47.17</b>	
		<b>Arjen Esselink</b>			<b>Paul de Leeuw</b>				
		100m	12.76	(12.76)	100m	12.08	(12.08)		
		500m	46.76	(34.00)	500m	47.17	(35.09)		
<hr/>									
		Name		Cat		PB		Time	Info
41	wt	103	<b>Danique Dellink</b>		DN4	46.09		<b>52.03</b>	
	rd	24	<b>Lauren van den Brink</b>		DPC	46.25		<b>47.24</b>	
		<b>Danique Dellink</b>			<b>Lauren van den Brink</b>				
		100m	13.10	(13.10)	100m	12.86	(12.86)		
		500m	52.03	(38.93)	500m	47.24	(34.38)		
<hr/>									
		Name		Cat		PB		Time	Info
42	yw	114	<b>Jimmie van der Veen</b>		HN4			<b>45.37</b>	
	bl	84	<b>Liam Schroten</b>		HPB	45.93		<b>49.58</b>	
		<b>Jimmie van der Veen</b>			<b>Liam Schroten</b>				
		100m	11.51	(11.51)	100m	12.87	(12.87)		
		500m	45.37	(33.86)	500m	49.58	(36.71)		
<hr/>									
		Name		Cat		PB		Time	Info
43	wt	11	<b>Charley Boekema</b>		DPC	45.29		<b>45.20</b>	PB
	rd	35	<b>Jan-Willem van Velsen</b>		H50	44.40		<b>44.50</b>	
		<b>Charley Boekema</b>			<b>Jan-Willem van Velsen</b>				
		100m	12.02	(12.02)	100m	12.02	(12.02)		
		500m	45.20	(33.18)	500m	44.50	(32.48)		

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# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name		Cat		PB	Time	Info
44	yw	64	<b>Femke Assink</b>		DN3	43.48	<b>44.20</b>	
	bl	52	<b>Klaas Jan van der Veen</b>		H50	41.97	<b>43.65</b>	
		<b>Femke Assink</b>			<b>Klaas Jan van der Veen</b>			
		100m	12.21	(12.21)	100m	11.92	(11.92)	
		500m	44.20	(31.99)	500m	43.65	(31.73)	
<hr/>								
		Name		Cat		PB	Time	Info
45	wt	32	<b>Suze Egbring</b>		DA1	45.18	<b>45.90</b>	
	rd	88	<b>Koen Bos</b>		HA2	43.00	<b>44.18</b>	
		<b>Suze Egbring</b>			<b>Koen Bos</b>			
		100m	12.48	(12.48)	100m	11.88	(11.88)	
		500m	45.90	(33.42)	500m	44.18	(32.30)	
<hr/>								
		Name		Cat		PB	Time	Info
46	yw	68	<b>Gerwin Boschloo</b>		H50	43.16	<b>43.86</b>	
	bl	29	<b>Menno Klunder</b>		H45	40.02	<b>43.07</b>	
		<b>Gerwin Boschloo</b>			<b>Menno Klunder</b>			
		100m	11.82	(11.82)	100m	11.54	(11.54)	
		500m	43.86	(32.04)	500m	43.07	(31.53)	
<hr/>								
		Name		Cat		PB	Time	Info
47	wt	26	<b>Floris Klunder</b>		H45	38.54	<b>42.26</b>	
	rd	2	<b>Veerle Friso</b>		DC1	43.53	<b>44.79</b>	
		<b>Floris Klunder</b>			<b>Veerle Friso</b>			
		100m	11.49	(11.49)	100m	11.95	(11.95)	
		500m	42.26	(30.77)	500m	44.79	(32.84)	
<hr/>								
		Name		Cat		PB	Time	Info
48	yw	116	<b>Noëmi De boer</b>		DB2	43.20	<b>43.38</b>	
	bl	61	<b>Beau Kappers</b>		HB1	42.68	<b>42.77</b>	
		<b>Noëmi De boer</b>			<b>Beau Kappers</b>			
		100m	11.81	(11.81)	100m	11.87	(11.87)	
		500m	43.38	(31.57)	500m	42.77	(30.90)	

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# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name	Cat	PB	Time	Info
49	wt	5 <b>Mees Klunder</b>	HC1	42.91	<b>43.19</b>	
	rd	90 <b>Etienne Tournier</b>	HB1	42.70	<b>42.95</b>	
		<b>Mees Klunder</b>		<b>Etienne Tournier</b>		
		100m 11.78 (11.78)		100m 11.56 (11.56)		
		500m 43.19 (31.41)		500m 42.95 (31.39)		
<hr/>						
		Name	Cat	PB	Time	Info
50	yw	75 <b>Rens Hiddink</b>	HN1	40.99	<b>41.10</b>	
	bl	36 <b>Noam van de Koppel</b>	HC2	42.19	<b>42.84</b>	
		<b>Rens Hiddink</b>		<b>Noam van de Koppel</b>		
		100m 11.22 (11.22)		100m 11.49 (11.49)		
		500m 41.10 (29.88)		500m 42.84 (31.35)		
<hr/>						
		Name	Cat	PB	Time	Info
51	wt	54 <b>Marloes Westerhof</b>	DSB	41.98	<b>41.87</b>	PB
	rd	98 <b>Jasmijn ter Haar</b>	DC1	42.27	<b>41.87</b>	PB
		<b>Marloes Westerhof</b>		<b>Jasmijn ter Haar</b>		
		100m 11.53 (11.53)		100m 11.27 (11.27)		
		500m 41.87 (30.34)		500m 41.87 (30.60)		
<hr/>						
		Name	Cat	PB	Time	Info
52	yw	42 <b>Daniël van Velsen</b>	HA2	39.32	<b>40.24</b>	
	bl	33 <b>Luca Heesen</b>	HN2	37.93	<b>WDR</b>	
		<b>Daniël van Velsen</b>		<b>Luca Heesen</b>		
		100m 11.12 (11.12)				
		500m 40.24 (29.12)				
<hr/>						
		Name	Cat	PB	Time	Info
53	wt	108 <b>Govert van der Weijden</b>	HB1	40.86	<b>41.18</b>	
	rd	115 <b>Yasmine Bouaziz</b>	DA2	40.22	<b>40.78</b>	
		<b>Govert van der Weijden</b>		<b>Yasmine Bouaziz</b>		
		100m 10.91 (10.91)		100m 11.05 (11.05)		
		500m 41.18 (30.27)		500m 40.78 (29.73)		

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# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name	Cat	PB	Time	Info
54	yw	4 <b>Tim Hoogkamer</b>	HSA	36.61	<b>36.49</b>	PB
	bl	113 <b>Adriaan de Kluiver</b>	HSA	38.16	<b>WDR</b>	
		<b>Tim Hoogkamer</b>				
		100m	10.13	(10.13)		
		500m	36.49	(26.36)		

		Name	Cat	PB	Time	Info
55	wt	19 <b>Jack Boekema</b>	HC1	38.02	<b>38.50</b>	
	rd	50 <b>Floris van Velsen</b>	HB2	37.87	<b>37.53</b>	PB
		<b>Jack Boekema</b>				
		100m	10.58	(10.58)		
		500m	38.50	(27.92)		
		<b>Floris van Velsen</b>				
		100m	10.49	(10.49)		
		500m	37.53	(27.04)		

		Name	Cat	PB	Time	Info
56	yw	30 <b>Iris Rietman</b>	DC2	45.62	<b>46.37</b>	
	bl	31 <b>Chantal Herms</b>	D45	46.13	<b>46.14</b>	
		<b>Iris Rietman</b>				
		100m	12.54	(12.54)		
		500m	46.37	(33.83)		
		<b>Chantal Herms</b>				
		100m	12.34	(12.34)		
		500m	46.14	(33.80)		



# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

## 3. Result 1000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	4 Tim Hoogkamer	HSA	85	I	1:13.47		
2	50 Floris van Velsen	HB2	85	O	1:13.79		
3	42 Daniël van Velsen	HA2	83	I	1:16.81	PB	
4	19 Jack Boekema	HC1	83	O	1:16.97		
5	75 Rens Hiddink	HN1	84	I	1:23.58		
6	26 Floris Klunder	H45	79	O	1:24.01	MT	
7	5 Mees Klunder	HC1	81	I	1:24.83	PB	
8	36 Noam van de Koppel	HC2	81	O	1:26.19	PB	
9	35 Jan-Willem van Velsen	H50	76	I	1:26.24	PB	
10	68 Gerwin Boschloo	H50	77	O	1:26.36		
	52 Klaas Jan van der Veen	H50	77	I	1:26.36		
12	29 Menno Klunder	H45	78	I	1:26.40		
13	54 Marloes Westerhof	DSB	84	O	1:26.70		
14	90 Etienne Tournier	HB1	79	I	1:26.79	PB	
15	88 Koen Bos	HA2	76	O	1:27.44	PB	
16	61 Beau Kappers	HB1	82	O	1:27.51		
17	98 Jasmijn ter Haar	DC1	80	O	1:28.38	MT	
18	64 Femke Assink	DN3	78	O	1:28.48		
19	83 Ties Sinke	HB2	73	I	1:29.36	PB	
20	2 Veerle Friso	DC1	82	I	1:30.84		
21	31 Chantal Herms	D45	70	I	1:31.40	PB	
22	46 Bas Hagen	H50	71	O	1:31.92	PB	
23	72 Ellis Van Halteren	DB2	73	O	1:32.14		
24	62 Arjen Esselink	H55	74	O	1:32.93	PB	
25	32 Suze Egbring	DA1	72	O	1:32.98		
26	87 Janneke Bos	DB1	71	I	1:33.88	PB	
27	89 Luna Blumink	DB1	70	O	1:34.24	PB	
28	114 Jimmie van der Veen	HN4	57	I	1:34.41		
29	15 Julia Vredenberg	DB2	72	I	1:34.65		
30	30 Iris Rietman	DC2	74	I	1:34.72		
31	112 Ronald van der Aa	H40	58	I	1:35.39		
32	60 Céline Hagen	DB2	69	O	1:35.87	PB	
33	79 Noah Bak	DC2	67	I	1:36.17	PB	
34	63 Jasmijn Egers	DN4	65	I	1:36.42	PB	
35	99 Megan Bootsveld	DN2	67	O	1:37.47		
36	47 Marlin Schouwstra	DB1	68	I	1:37.65	PB	
37	81 Linda van Oosterom	D40	66	O	1:38.15		
38	48 Hans ten Hag	H70	69	I	1:39.44		

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# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	104 Ellen Bongertman	DB2	61	O	1:40.64	PB	
40	43 Dalanda Jalloh	DB1	63	I	1:40.83	PB	
41	93 Pieter Dijkstra	HSA	68	O	1:41.19	PB	
42	95 Mirjam Hulsebos	D50	66	I	1:41.71		
43	96 Femke Ditzel	DB2	65	O	1:42.46	PB	
44	73 Arne Alphenaar	H60	75	I	1:42.58		
45	59 Tobi Kiers	HC2	64	O	1:42.85	PB	
46	103 Danique Dellink	DN4	75	O	1:43.73		
47	85 Cheryl Buitenhuis	DA2	64	I	1:46.73		
48	78 Lise Koier	DC1	62	O	1:48.18	PB	
49	77 Hilde Klok	DC1	62	I	1:48.27	PB	
50	7 Imme Ooijman	DC1	59	I	1:48.50	PB	
51	91 Mathieu Tournier	HA1	60	O	1:49.16		
52	106 Sikko Kranenborg	H70	61	I	1:50.16		
53	107 Wietske Brandsma	D45	60	I	1:56.13	PB	
54	100 Zelda Welgraven	DN4	59	O	2:03.10		
55	94 Carlijn van Dongen	DC1	58	O	2:16.09	PB	
	92 Erwin Huzen	HSB	63	O		DQ	
	108 Govert van der Weijden	HB1	80	I		DNS	
	33 Luca Heesen	HN2				WDR	
	113 Adriaan de Kluiver	HSA				WDR	

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# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

## 3. Race Result 1000 meter

	Name	Cat	PB	Time Info
57	wt rd 114 <b>Jimmie van der Veen</b>	HN4		<b>1:34.41</b>

### Jimmie van der Veen

200m	21.29	(21.29)	m
600m	56.57	(35.28)	
1000m	1:34.41	(37.84)	

	Name	Cat	PB	Time Info
58	yw 112 <b>Ronald van der Aa</b>	H40		<b>1:35.39</b>
	bl 94 <b>Carlijn van Dongen</b>	DC1	2:18.55	<b>2:16.09</b> PB

### Ronald van der Aa

200m	22.74	(22.74)
600m	57.87	(35.13)
1000m	1:35.39	(37.52)

### Carlijn van Dongen

200m	30.69	(30.69)
600m	1:23.82	(53.13)
1000m	2:16.09	(52.27)

	Name	Cat	PB	Time Info
59	wt 7 <b>Imme Ooijman</b>	DC1	1:58.49	<b>1:48.50</b> PB
	rd 100 <b>Zelda Welgraven</b>	DN4	1:50.68	<b>2:03.10</b>

### Imme Ooijman

200m	24.40	(24.40)
600m	1:05.64	(41.24)
1000m	1:48.50	(42.86)

### Zelda Welgraven

200m	26.31	(26.31)
600m	1:12.27	(45.96)
1000m	2:03.10	(50.83)

	Name	Cat	PB	Time Info
60	yw 107 <b>Wietske Brandsma</b>	D45	2:05.25	<b>1:56.13</b> PB
	bl 91 <b>Mathieu Tournier</b>	HA1	1:48.55	<b>1:49.16</b>

### Wietske Brandsma

200m	27.60	(27.60)
600m	1:10.83	(43.23)
1000m	1:56.13	(45.30)

### Mathieu Tournier

200m	23.67	(23.67)
600m	1:05.22	(41.55)
1000m	1:49.16	(43.94)

# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name		Cat		PB	Time	Info
61	wt	106	<b>Sikko Kranenburg</b>		H70		1:42.86	<b>1:50.16</b>
	rd	104	<b>Ellen Bongertman</b>		DB2		1:55.90	<b>1:40.64</b> PB
		<b>Sikko Kranenburg</b>			<b>Ellen Bongertman</b>			
		200m	26.01	(26.01)	200m	23.38	(23.38)	
		600m	1:08.86	(42.85)	600m	1:00.96	(37.58)	
		1000m	1:50.16	(41.30)	1000m	1:40.64	(39.68)	

		Name		Cat		PB	Time	Info
62	yw	77	<b>Hilde Klok</b>		DC1		1:54.67	<b>1:48.27</b> PB
	bl	78	<b>Lise Koier</b>		DC1		1:50.76	<b>1:48.18</b> PB
		<b>Hilde Klok</b>			<b>Lise Koier</b>			
		200m	24.55	(24.55)	200m	25.33	(25.33)	
		600m	1:05.37	(40.82)	600m	1:05.58	(40.25)	
		1000m	1:48.27	(42.90)	1000m	1:48.18	(42.60)	

		Name		Cat		PB	Time	Info
63	wt	43	<b>Dalanda Jalloh</b>		DB1		1:41.19	<b>1:40.83</b> PB
	rd	92	<b>Erwin Huzen</b>		HSB		1:47.32	<b>DQ</b>
		<b>Dalanda Jalloh</b>			<b>Erwin Huzen</b>			
		200m	22.46	(22.46)	200m	25.00	(25.00)	
		600m	59.93	(37.47)	600m	1:02.94	(37.94)	
		1000m	1:40.83	(40.90)				

		Name		Cat		PB	Time	Info
64	yw	85	<b>Cheryl Buitenhuis</b>		DA2		1:41.86	<b>1:46.73</b>
	bl	59	<b>Tobi Kiers</b>		HC2		1:50.56	<b>1:42.85</b> PB
		<b>Cheryl Buitenhuis</b>			<b>Tobi Kiers</b>			
		200m	23.15	(23.15)	200m	23.24	(23.24)	
		600m	1:02.29	(39.14)	600m	1:01.77	(38.53)	
		1000m	1:46.73	(44.44)	1000m	1:42.85	(41.08)	

# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name		Cat		PB	Time	Info
65	wt	63	<b>Jasmijn Egers</b>		DN4	1:37.16	<b>1:36.42</b>	PB
	rd	96	<b>Femke Ditzel</b>		DB2	1:46.49	<b>1:42.46</b>	PB
		<b>Jasmijn Egers</b>			<b>Femke Ditzel</b>			
		200m	22.59	(22.59)	200m	23.09	(23.09)	
		600m	58.97	(36.38)	600m	1:01.35	(38.26)	
		1000m	1:36.42	(37.45)	1000m	1:42.46	(41.11)	

		Name		Cat		PB	Time	Info
66	yw	95	<b>Mirjam Hulsebos</b>		D50	1:40.84	<b>1:41.71</b>	
	bl	81	<b>Linda van Oosterom</b>		D40	1:37.69	<b>1:38.15</b>	
		<b>Mirjam Hulsebos</b>			<b>Linda van Oosterom</b>			
		200m	23.89	(23.89)	200m	23.67	(23.67)	
		600m	1:01.73	(37.84)	600m	1:00.11	(36.44)	
		1000m	1:41.71	(39.98)	1000m	1:38.15	(38.04)	

		Name		Cat		PB	Time	Info
67	wt	79	<b>Noah Bak</b>		DC2	1:41.36	<b>1:36.17</b>	PB
	rd	99	<b>Megan Bootsveld</b>		DN2	1:36.88	<b>1:37.47</b>	
		<b>Noah Bak</b>			<b>Megan Bootsveld</b>			
		200m	22.25	(22.25)	200m	23.04	(23.04)	
		600m	58.48	(36.23)	600m	59.34	(36.30)	
		1000m	1:36.17	(37.69)	1000m	1:37.47	(38.13)	

		Name		Cat		PB	Time	Info
68	yw	47	<b>Marlin Schouwstra</b>		DB1	1:40.41	<b>1:37.65</b>	PB
	bl	93	<b>Pieter Dijkstra</b>		HSA	1:41.23	<b>1:41.19</b>	PB
		<b>Marlin Schouwstra</b>			<b>Pieter Dijkstra</b>			
		200m	22.76	(22.76)	200m	24.63	(24.63)	
		600m	58.98	(36.22)	600m	1:01.49	(36.86)	
		1000m	1:37.65	(38.67)	1000m	1:41.19	(39.70)	

# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name		Cat		PB	Time	Info
69	wt	48	<b>Hans ten Hag</b>		H70		1:32.85	<b>1:39.44</b>
	rd	60	<b>Céline Hagen</b>		DB2		1:38.51	<b>1:35.87</b> PB
		<b>Hans ten Hag</b>			<b>Céline Hagen</b>			
		200m	22.95	(22.95)	200m	22.36	(22.36)	
		600m	59.54	(36.59)	600m	58.09	(35.73)	
		1000m	1:39.44	(39.90)	1000m	1:35.87	(37.78)	

		Name		Cat		PB	Time	Info
70	yw	31	<b>Chantal Herms</b>		D45		1:33.73	<b>1:31.40</b> PB
	bl	89	<b>Luna Blumink</b>		DB1		1:40.16	<b>1:34.24</b> PB
		<b>Chantal Herms</b>			<b>Luna Blumink</b>			
		200m	21.35	(21.35)	200m	21.94	(21.94)	
		600m	55.29	(33.94)	600m	56.94	(35.00)	
		1000m	1:31.40	(36.11)	1000m	1:34.24	(37.30)	

		Name		Cat		PB	Time	Info
71	wt	87	<b>Janneke Bos</b>		DB1		1:34.75	<b>1:33.88</b> PB
	rd	46	<b>Bas Hagen</b>		H50		1:35.23	<b>1:31.92</b> PB
		<b>Janneke Bos</b>			<b>Bas Hagen</b>			
		200m	21.83	(21.83)	200m	22.48	(22.48)	
		600m	57.05	(35.22)	600m	57.13	(34.65)	
		1000m	1:33.88	(36.83)	1000m	1:31.92	(34.79)	

		Name		Cat		PB	Time	Info
72	yw	15	<b>Julia Vredenberg</b>		DB2		1:31.00	<b>1:34.65</b>
	bl	32	<b>Suze Egbring</b>		DA1		1:29.52	<b>1:32.98</b>
		<b>Julia Vredenberg</b>			<b>Suze Egbring</b>			
		200m	22.20	(22.20)	200m	21.56	(21.56)	
		600m	57.67	(35.47)	600m	55.89	(34.33)	
		1000m	1:34.65	(36.98)	1000m	1:32.98	(37.09)	

# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name		Cat		PB		Time	Info
73	wt	83	<b>Ties Sinke</b>		HB2		1:33.45	<b>1:29.36</b>	PB
	rd	72	<b>Ellis Van Halteren</b>		DB2		1:32.09	<b>1:32.14</b>	
		<b>Ties Sinke</b>			<b>Ellis Van Halteren</b>				
		200m	21.07	(21.07)	200m	21.64	(21.64)		
		600m	54.35	(33.28)	600m	55.67	(34.03)		
		1000m	1:29.36	(35.01)	1000m	1:32.14	(36.47)		

		Name		Cat		PB		Time	Info
74	yw	30	<b>Iris Rietman</b>		DC2		1:34.67	<b>1:34.72</b>	
	bl	62	<b>Arjen Esselink</b>		H55		1:35.26	<b>1:32.93</b>	PB
		<b>Iris Rietman</b>			<b>Arjen Esselink</b>				
		200m	22.01	(22.01)	200m	22.33	(22.33)		
		600m	56.87	(34.86)	600m	56.47	(34.14)		
		1000m	1:34.72	(37.85)	1000m	1:32.93	(36.46)		

		Name		Cat		PB		Time	Info
75	wt	73	<b>Arne Alphenaar</b>		H60		1:31.42	<b>1:42.58</b>	
	rd	103	<b>Danique Dellink</b>		DN4		1:34.36	<b>1:43.73</b>	
		<b>Arne Alphenaar</b>			<b>Danique Dellink</b>				
		200m	24.62	(24.62)	200m	23.26	(23.26)		
		600m	1:03.31	(38.69)	600m	1:01.84	(38.58)		
		1000m	1:42.58	(39.27)	1000m	1:43.73	(41.89)		

		Name		Cat		PB		Time	Info
76	yw	35	<b>Jan-Willem van Velsen</b>		H50		1:27.59	<b>1:26.24</b>	PB
	bl	88	<b>Koen Bos</b>		HA2		1:27.56	<b>1:27.44</b>	PB
		<b>Jan-Willem van Velsen</b>			<b>Koen Bos</b>				
		200m	20.79	(20.79)	200m	20.94	(20.94)		
		600m	52.96	(32.17)	600m	53.53	(32.59)		
		1000m	1:26.24	(33.28)	1000m	1:27.44	(33.91)		

# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name		Cat		PB		Time	Info
77	wt	52	<b>Klaas Jan van der Veen</b>		H50		1:25.23	<b>1:26.36</b>	
	rd	68	<b>Gerwin Boschloo</b>		H50		1:26.02	<b>1:26.36</b>	
		<b>Klaas Jan van der Veen</b>			<b>Gerwin Boschloo</b>				
		200m	20.34	(20.34)	200m	20.93	(20.93)		
		600m	52.10	(31.76)	600m	53.08	(32.15)		
		1000m	1:26.36	(34.26)	1000m	1:26.36	(33.28)		

		Name		Cat		PB		Time	Info
78	yw	29	<b>Menno Klunder</b>		H45		1:20.49	<b>1:26.40</b>	
	bl	64	<b>Femke Assink</b>		DN3		1:27.75	<b>1:28.48</b>	
		<b>Menno Klunder</b>			<b>Femke Assink</b>				
		200m	19.79	(19.79)	200m	21.04	(21.04)		
		600m	51.82	(32.03)	600m	53.66	(32.62)		
		1000m	1:26.40	(34.58)	1000m	1:28.48	(34.82)		

		Name		Cat		PB		Time	Info
79	wt	90	<b>Etienne Tournier</b>		HB1		1:28.25	<b>1:26.79</b>	PB
	rd	26	<b>Floris Klunder</b>		H45		1:15.98	<b>1:24.01</b>	MT
		<b>Etienne Tournier</b>			<b>Floris Klunder</b>				
		200m	20.13	(20.13)	200m	19.81	(19.81)		
		600m	36.51	(16.38)	600m	1:09.24	(49.43)		
		1000m	1:26.79	(50.28)	1000m	1:24.01	(14.77)		

		Name		Cat		PB		Time	Info
80	yw	108	<b>Govert van der Weijden</b>		HB1		1:25.92	<b>DNS</b>	
	bl	98	<b>Jasmijn ter Haar</b>		DC1		1:29.94	<b>1:28.38</b>	MT
		<b>Govert van der Weijden</b>			<b>Jasmijn ter Haar</b>				
		200m	33.66	(33.66)	200m	16.83	(16.83)		
					600m	33.66	(16.83)		
					1000m	1:28.38	(54.72)		



# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name		Cat		PB		Time	Info
81	wt	5	<b>Mees Klunder</b>		HC1		1:26.31	<b>1:24.83</b>	PB
	rd	36	<b>Noam van de Koppel</b>		HC2		1:26.29	<b>1:26.19</b>	PB
		<b>Mees Klunder</b>			<b>Noam van de Koppel</b>				
		200m	20.03	(20.03)	200m	19.90	(19.90)		
		600m	51.82	(31.79)	600m	51.74	(31.84)		
		1000m	1:24.83	(33.01)	1000m	1:26.19	(34.45)		

		Name		Cat		PB		Time	Info
82	yw	2	<b>Veerle Friso</b>		DC1		1:27.27	<b>1:30.84</b>	
	bl	61	<b>Beau Kappers</b>		HB1		1:26.15	<b>1:27.51</b>	
		<b>Veerle Friso</b>			<b>Beau Kappers</b>				
		200m	20.80	(20.80)	200m	20.86	(20.86)		
		600m	55.20	(34.40)	600m	54.21	(33.35)		
		1000m	1:30.84	(35.64)	1000m	1:27.51	(33.30)		

		Name		Cat		PB		Time	Info
83	wt	42	<b>Daniël van Velsen</b>		HA2		1:17.79	<b>1:16.81</b>	PB
	rd	19	<b>Jack Boekema</b>		HC1		1:16.60	<b>1:16.97</b>	
		<b>Daniël van Velsen</b>			<b>Jack Boekema</b>				
		200m	18.67	(18.67)	200m	18.29	(18.29)		
		600m	47.09	(28.42)	600m	46.68	(28.39)		
		1000m	1:16.81	(29.72)	1000m	1:16.97	(30.29)		

		Name		Cat		PB		Time	Info
84	yw	75	<b>Rens Hiddink</b>		HN1		1:21.77	<b>1:23.58</b>	
	bl	54	<b>Marloes Westerhof</b>		DSB		1:25.30	<b>1:26.70</b>	
		<b>Rens Hiddink</b>			<b>Marloes Westerhof</b>				
		200m	19.37	(19.37)	200m	20.19	(20.19)		
		600m	50.64	(31.27)	600m	51.83	(31.64)		
		1000m	1:23.58	(32.94)	1000m	1:26.70	(34.87)		

# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name		Cat		PB		Time	Info
85	wt	4	<b>Tim Hoogkamer</b>		HSA		1:13.26	<b>1:13.47</b>	
	rd	50	<b>Floris van Velsen</b>		HB2		1:13.07	<b>1:13.79</b>	
		<b>Tim Hoogkamer</b>			<b>Floris van Velsen</b>				
		200m	17.16	(17.16)	200m	17.58	(17.58)		
		600m	44.09	(26.93)	600m	44.22	(26.64)		
		1000m	1:13.47	(29.38)	1000m	1:13.79	(29.57)		

		Name		Cat		PB		Time	Info
86	yw	33	<b>Luca Heesen</b>		HN2		1:14.68	<b>WDR</b>	
	bl	113	<b>Adriaan de Kluiver</b>		HSA		1:13.19	<b>WDR</b>	
		<b>Luca Heesen</b>			<b>Adriaan de Kluiver</b>				

# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

## 4. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	11 Charley Boekema	DPC	110	I	28.61	PB	
2	14 Luca Batterink	HPA	111	I	28.72	PB	
3	3 Liz Wolters	DPB	110	O	29.32	PB	
4	28 Paul de Leeuw	HPA	111	O	29.40		
5	20 Benthe Kamerling	DPB	108	O	29.70		
6	24 Lauren van den Brink	DPC	109	O	30.00	PB	
7	109 Aafke Altena	DPA	106	I	30.34	PB	
8	66 Morgan DeFreese	DPC	109	I	30.72		
	111 Diede Salomons	DPA	107	I	30.72	PB	
10	21 Sjoerd de Haan	HPA	106	O	31.09	PB	
11	110 Noor Klunder	DPC	105	I	32.20	PB	
12	18 Just Klunder	HPB	104	O	32.30	PB	
13	57 Melle ter Horst	HPB	105	O	32.36	PB	
14	6 Luuk Groothuis	HPC	101	I	33.02	PB	
15	12 Elin Varenbrink	DPA	103	O	33.73		
16	34 Jill Krikken	DPD	103	I	33.81	PB	
17	17 Roan Varenbrink	HPC	102	O	33.82	PB	
18	16 Olle Klunder	HPE	102	I	33.85	PB	
	97 Britt Spenkelink	DPA	104	I	33.85		
20	27 Eva Mezzo	DPC	100	I	34.49	PB	
21	69 Robin Stadhouders	DPA	95	I	35.49	PB	
22	9 Fabian Kruithof	HPC	99	I	35.69	PB	
23	40 Alexander Warmink	HPA	98	I	35.81	PB	
24	13 Lauren Wolters	DPD	99	O	35.82	PB	
25	1 Blom Ooijman	DPA	98	O	35.83	PB	
26	45 Minke Nijenhuis	DPB	100	O	35.87		
27	51 Merle Markvoort	DPA	96	O	36.27	PB	
28	10 Pien Evers	DPD	95	O	37.60	PB	
29	41 Douwe Gildemacher	HPC	94	I	38.56	PB	
30	58 Elin Mak	DPE	97	O	38.78		
31	65 Lize Zeewuster	DPB	92	I	38.84	PB	
32	70 Jill Isfordink	DPD	94	O	39.85	PB	
33	39 Sylvan Markvoort	HPC	93	O	41.63		
34	82 Coosje Sinke	DPB	92	O	41.84		
35	44 Thijmen Warmink	HPC	93	I	42.36	PB	
36	80 Roos Bak	DPF	90	O	42.84	PB	
37	38 Suze Kleinsman	DPB	96	I	42.90	FL	
38	86 Maren Arnold	DPB	90	I	44.12	PB	

Referee:

Assistant:

Starter:

From 3/17/2023 5:30:00 PM to 3/17/2023 8:09:58 PM

Print: 3/17/2023 7:48:55 PM

# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	37 <b>Wietze de Haan</b>	HPB	97	I	<b>45.93</b>	FL	
40	25 <b>Arwen Bezembinder</b>	DPB	91	I	<b>46.75</b>	PB	
41	23 <b>Ruben Warmink</b>	HPE	91	O	<b>49.83</b>		
42	55 <b>Herre Mak</b>	HPA	107	O	<b>52.19</b>	FL	
43	22 <b>Faas Klunder</b>	HPE	89	I	<b>52.69</b>	PB	
44	56 <b>Fenne Nijenhuis</b>	DPD	88	O	<b>54.75</b>	MT	
45	101 <b>Kalijn Kruithof</b>	DPF	88	I	<b>57.04</b>		
46	105 <b>Mick de Wals</b>	HPD	89	O	<b>59.33</b>	PB	
	8 <b>Ties Groothuis</b>	HPD	101	O	<b>DNS</b>		
	102 <b>Bruno Esmeijer</b>	HPE			<b>WDR</b>		
	84 <b>Liam Schroten</b>	HPB			<b>WDR</b>		

Referee:

Assistant:

Starter:

From 3/17/2023 5:30:00 PM to 3/17/2023 8:09:58 PM

Print: 3/17/2023 7:48:55 PM

# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

## 4. Race Result 300 meter

		Name	Cat	PB	Time Info
87	wt rd	102 <b>Bruno Esmeijer</b>	HPE	1:03.04	<b>WDR</b>
		<u>Bruno Esmeijer</u>			
				m	

		Name	Cat	PB	Time Info
88	yw bl	101 <b>Kalijn Kruithof</b>	DPF		<b>57.04</b>
		56 <b>Fenne Nijenhuis</b>	DPD	52.82	<b>54.75</b> MT
		<u>Kalijn Kruithof</u>		<u>Fenne Nijenhuis</u>	
		300m 57.04 (57.04)		300m 54.75 (54.75)	

		Name	Cat	PB	Time Info
89	wt rd	22 <b>Faas Klunder</b>	HPE	53.10	<b>52.69</b> PB
		105 <b>Mick de Wals</b>	HPD	1:01.85	<b>59.33</b> PB
		<u>Faas Klunder</u>		<u>Mick de Wals</u>	
		300m 52.69 (52.69)		300m 59.33 (59.33)	

		Name	Cat	PB	Time Info
90	yw bl	86 <b>Maren Arnold</b>	DPB	45.05	<b>44.12</b> PB
		80 <b>Roos Bak</b>	DPF	44.45	<b>42.84</b> PB
		<u>Maren Arnold</u>		<u>Roos Bak</u>	
		300m 44.12 (44.12)		300m 42.84 (42.84)	

		Name	Cat	PB	Time Info
91	wt rd	25 <b>Arwen Bezembinder</b>	DPB	47.48	<b>46.75</b> PB
		23 <b>Ruben Warmink</b>	HPE	47.97	<b>49.83</b>
		<u>Arwen Bezembinder</u>		<u>Ruben Warmink</u>	
		300m 46.75 (46.75)		300m 49.83 (49.83)	

# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name	Cat	PB	Time	Info
92	yw	65 <b>Lize Zeewuster</b>	DPB	41.24	<b>38.84</b>	PB
	bl	82 <b>Coosje Sinke</b>	DPB	40.78	<b>41.84</b>	
		<u>Lize Zeewuster</u>		<u>Coosje Sinke</u>		
		300m 38.84 (38.84)		300m 41.84 (41.84)		

		Name	Cat	PB	Time	Info
93	wt	44 <b>Tijmen Warmink</b>	HPC	43.15	<b>42.36</b>	PB
	rd	39 <b>Sylvan Markvoort</b>	HPC	40.60	<b>41.63</b>	
		<u>Tijmen Warmink</u>		<u>Sylvan Markvoort</u>		
		300m 42.36 (42.36)		300m 41.63 (41.63)		

		Name	Cat	PB	Time	Info
94	yw	41 <b>Douwe Gildemacher</b>	HPC	40.04	<b>38.56</b>	PB
	bl	70 <b>Jill Isfordink</b>	DPD	40.32	<b>39.85</b>	PB
		<u>Douwe Gildemacher</u>		<u>Jill Isfordink</u>		
		300m 38.56 (38.56)		300m 39.85 (39.85)		

		Name	Cat	PB	Time	Info
95	wt	69 <b>Robin Stadhouders</b>	DPA	37.97	<b>35.49</b>	PB
	rd	10 <b>Pien Evers</b>	DPD	38.48	<b>37.60</b>	PB
		<u>Robin Stadhouders</u>		<u>Pien Evers</u>		
		300m 35.49 (35.49)		300m 37.60 (37.60)		

		Name	Cat	PB	Time	Info
96	yw	38 <b>Suze Kleinsman</b>	DPB	36.97	<b>42.90</b>	FL
	bl	51 <b>Merle Markvoort</b>	DPA	37.33	<b>36.27</b>	PB
		<u>Suze Kleinsman</u>		<u>Merle Markvoort</u>		
		300m 42.90 (42.90)		300m 36.27 (36.27)		

		Name	Cat	PB	Time	Info
97	wt	37 <b>Wietze de Haan</b>	HPB	38.18	<b>45.93</b>	FL
	rd	58 <b>Elin Mak</b>	DPE	37.24	<b>38.78</b>	
		<u>Wietze de Haan</u>		<u>Elin Mak</u>		
		300m 45.93 (45.93)		300m 38.78 (38.78)		

# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name	Cat	PB	Time	Info
98	yw	40 Alexander Warmink	HPA	36.18	<b>35.81</b>	PB
	bl	1 Blom Ooijman	DPA	36.64	<b>35.83</b>	PB
		<u>Alexander Warmink</u>				
		300m	35.81 (35.81)			
		<u>Blom Ooijman</u>				
		300m	35.83 (35.83)			
<hr/>						
		Name	Cat	PB	Time	Info
99	wt	9 Fabian Kruithof	HPC	36.77	<b>35.69</b>	PB
	rd	13 Lauren Wolters	DPD	36.18	<b>35.82</b>	PB
		<u>Fabian Kruithof</u>				
		300m	35.69 (35.69)			
		<u>Lauren Wolters</u>				
		300m	35.82 (35.82)			
<hr/>						
		Name	Cat	PB	Time	Info
100	yw	27 Eva Mezzo	DPC	35.06	<b>34.49</b>	PB
	bl	45 Minke Nijenhuis	DPB	35.86	<b>35.87</b>	
		<u>Eva Mezzo</u>				
		300m	34.49 (34.49)			
		<u>Minke Nijenhuis</u>				
		300m	35.87 (35.87)			
<hr/>						
		Name	Cat	PB	Time	Info
101	wt	6 Luuk Groothuis	HPC	34.31	<b>33.02</b>	PB
	rd	8 Ties Groothuis	HPD	34.36	<b>DNS</b>	
		<u>Luuk Groothuis</u>				
		300m	33.02 (33.02)			
		<u>Ties Groothuis</u>				
<hr/>						
		Name	Cat	PB	Time	Info
102	yw	16 Olle Klunder	HPE	34.04	<b>33.85</b>	PB
	bl	17 Roan Varenbrink	HPC	33.97	<b>33.82</b>	PB
		<u>Olle Klunder</u>				
		300m	33.85 (33.85)			
		<u>Roan Varenbrink</u>				
		300m	33.82 (33.82)			
<hr/>						
		Name	Cat	PB	Time	Info
103	wt	34 Jill Krikken	DPD	34.21	<b>33.81</b>	PB
	rd	12 Elin Varenbrink	DPA	33.51	<b>33.73</b>	
		<u>Jill Krikken</u>				
		300m	33.81 (33.81)			
		<u>Elin Varenbrink</u>				
		300m	33.73 (33.73)			

Referee:

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# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name	Cat	PB	Time	Info
104	yw	97 <b>Britt Spenkelink</b>	DPA	33.60	<b>33.85</b>	
	bl	18 <b>Just Klunder</b>	HPB	32.53	<b>32.30</b>	PB
		<u>Britt Spenkelink</u>		<u>Just Klunder</u>		
		300m 33.85 (33.85)		300m 32.30 (32.30)		
<hr/>						
		Name	Cat	PB	Time	Info
105	wt	110 <b>Noor Klunder</b>	DPC	33.28	<b>32.20</b>	PB
	rd	57 <b>Melle ter Horst</b>	HPB	33.06	<b>32.36</b>	PB
		<u>Noor Klunder</u>		<u>Melle ter Horst</u>		
		300m 32.20 (32.20)		300m 32.36 (32.36)		
<hr/>						
		Name	Cat	PB	Time	Info
106	yw	109 <b>Aafke Altena</b>	DPA	31.09	<b>30.34</b>	PB
	bl	21 <b>Sjoerd de Haan</b>	HPA	32.13	<b>31.09</b>	PB
		<u>Aafke Altena</u>		<u>Sjoerd de Haan</u>		
		300m 30.34 (30.34)		300m 31.09 (31.09)		
<hr/>						
		Name	Cat	PB	Time	Info
107	wt	111 <b>Diede Salomons</b>	DPA	31.47	<b>30.72</b>	PB
	rd	55 <b>Herre Mak</b>	HPA	32.25	<b>52.19</b>	FL
		<u>Diede Salomons</u>		<u>Herre Mak</u>		
		300m 30.72 (30.72)		300m 52.19 (52.19)		
<hr/>						
		Name	Cat	PB	Time	Info
108	yw	84 <b>Liam Schroten</b>	HPB	29.71	<b>WDR</b>	
	bl	20 <b>Benthe Kamerling</b>	DPB	29.70	<b>29.70</b>	
		<u>Liam Schroten</u>		<u>Benthe Kamerling</u>		
				300m 29.70 (29.70)		
<hr/>						
		Name	Cat	PB	Time	Info
109	wt	66 <b>Morgan DeFreese</b>	DPC	30.61	<b>30.72</b>	
	rd	24 <b>Lauren van den Brink</b>	DPC	30.11	<b>30.00</b>	PB
		<u>Morgan DeFreese</u>		<u>Lauren van den Brink</u>		
		300m 30.72 (30.72)		300m 30.00 (30.00)		

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# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name	Cat	PB	Time	Info
110	yw	11 <b>Charley Boekema</b>	DPC	28.86	<b>28.61</b>	PB
	bl	3 <b>Liz Wolters</b>	DPB	29.55	<b>29.32</b>	PB
		<b>Charley Boekema</b>				
		300m	28.61 (28.61)			
		<b>Liz Wolters</b>				
		300m	29.32 (29.32)			

		Name	Cat	PB	Time	Info
111	wt	14 <b>Luca Batterink</b>	HPA	29.43	<b>28.72</b>	PB
	rd	28 <b>Paul de Leeuw</b>	HPA	29.08	<b>29.40</b>	
		<b>Luca Batterink</b>				
		300m	28.72 (28.72)			
		<b>Paul de Leeuw</b>				
		300m	29.40 (29.40)			

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# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

## 5. Result extra 100 mtr pup, indien er tijd over is.

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	28 Paul de Leeuw	HPA	149	I	11.54	PB	
2	14 Luca Batterink	HPA	148	I	11.79		
3	11 Charley Boekema	DPC	149	O	11.93	PB	
4	3 Liz Wolters	DPB	146	I	12.18	PB	
5	20 Benthe Kamerling	DPB	148	O	12.27		
6	109 Aafke Altena	DPA	144	I	12.71	PB	
7	111 Diede Salomons	DPA	145	I	12.75	PB	
8	66 Morgan DeFreese	DPC	146	O	12.78		
9	24 Lauren van den Brink	DPC	147	I	12.87		
10	21 Sjoerd de Haan	HPA	145	O	12.94	PB	
11	57 Melle ter Horst	HPB	139	I	13.01	PB	
12	17 Roan Varenbrink	HPC	143	I	13.08	PB	
13	18 Just Klunder	HPB	144	O	13.10	PB	
14	110 Noor Klunder	DPC	143	O	13.22	PB	
15	6 Luuk Groothuis	HPC	139	O	13.25	PB	
16	16 Olle Klunder	HPE	142	O	13.40		
17	34 Jill Krikken	DPD	140	O	13.42		
18	55 Herre Mak	HPA	142	I	13.43		
19	27 Eva Mezzo	DPC	141	I	13.44	PB	
20	97 Britt Spenkelink	DPA	130	I	13.51	PB	
21	12 Elin Varenbrink	DPA	141	O	13.53		
22	38 Suze Kleinsman	DPB	136	I	13.62	PB	
	69 Robin Stadhouders	DPA	136	O	13.62	PB	
24	13 Lauren Wolters	DPD	137	O	13.74	PB	
25	10 Pien Evers	DPD	137	I	13.90		
26	40 Alexander Warmink	HPA	138	I	13.99		
27	65 Lize Zeewuster	DPB	132	I	14.01	PB	
28	45 Minke Nijenhuis	DPB	135	I	14.08	PB	
29	41 Douwe Gildemacher	HPC	135	O	14.09		
30	9 Fabian Kruithof	HPC	134	O	14.21	PB	
31	1 Blom Ooijman	DPA	132	O	14.31	PB	
32	51 Merle Markvoort	DPA	134	I	14.46	PB	
33	58 Elin Mak	DPE	138	O	14.66		
34	70 Jill Isfordink	DPD	131	O	15.12		
35	82 Coosje Sinke	DPB	130	O	15.14	PB	
36	39 Sylvan Markvoort	HPC	133	O	15.19		
37	37 Wietze de Haan	HPB	133	I	15.52		
38	44 Thijmen Warmink	HPC	131	I	15.56		

Referee:

Assistant:

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# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	80 Roos Bak	DPF	129	O	16.59		
40	25 Arwen Bezembinder	DPB	128	I	16.70		
41	86 Maren Arnold	DPB	129	I	16.93		
42	23 Ruben Warmink	HPE	128	O	17.10		
43	105 Mick de Wals	HPD	125	I	18.82	PB	
44	22 Faas Klunder	HPE	126	I	18.86	PB	
45	56 Fenne Nijenhuis	DPD	127	I	19.65		
46	101 Kalijn Kruithof	DPF	126	O	19.84	PB	
	102 Bruno Esmeijer	HPE	127	O	DNS		
	8 Ties Groothuis	HPD			WDR		
	84 Liam Schroten	HPB			WDR		

Referee:

Assistant:

Starter:

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# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

## 5. Race Result extra 100 mtr pup, indien er tijd over is.

	Name	Cat	PB	Time	Info
125	wt rd	105 <b>Mick de Wals</b>	HPD	19.03	<b>18.82</b> PB
	<b>Mick de Wals</b>				
	100m	18.82 (18.82)		m	

	Name	Cat	PB	Time	Info
126	yw bl	22 <b>Faas Klunder</b>	HPE	19.24	<b>18.86</b> PB
		101 <b>Kalijn Kruithof</b>	DPF	21.60	<b>19.84</b> PB
	<b>Faas Klunder</b>				
	100m	18.86 (18.86)			
	<b>Kalijn Kruithof</b>				
	100m	19.84 (19.84)			

	Name	Cat	PB	Time	Info
127	wt rd	56 <b>Fenne Nijenhuis</b>	DPD	18.63	<b>19.65</b>
		102 <b>Bruno Esmeijer</b>	HPE	19.34	<b>DNS</b>
	<b>Fenne Nijenhuis</b>				
	100m	19.65 (19.65)			
	<b>Bruno Esmeijer</b>				

	Name	Cat	PB	Time	Info
128	yw bl	25 <b>Arwen Bezembinder</b>	DPB	16.30	<b>16.70</b>
		23 <b>Ruben Warmink</b>	HPE	17.01	<b>17.10</b>
	<b>Arwen Bezembinder</b>				
	100m	16.70 (16.70)			
	<b>Ruben Warmink</b>				
	100m	17.10 (17.10)			

	Name	Cat	PB	Time	Info
129	wt rd	86 <b>Maren Arnold</b>	DPB	16.02	<b>16.93</b>
		80 <b>Roos Bak</b>	DPF	15.95	<b>16.59</b>
	<b>Maren Arnold</b>				
	100m	16.93 (16.93)			
	<b>Roos Bak</b>				
	100m	16.59 (16.59)			

# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name		Cat		PB	Time	Info
130	yw	97	<b>Britt Spenkelink</b>		DPA	15.36	<b>13.51</b>	PB
	bl	82	<b>Coosje Sinke</b>		DPB	15.55	<b>15.14</b>	PB
		<b>Britt Spenkelink</b>			<b>Coosje Sinke</b>			
		100m	13.51	(13.51)	100m	15.14	(15.14)	
<hr/>								
		Name		Cat		PB	Time	Info
131	wt	44	<b>Thijmen Warmink</b>		HPC	15.33	<b>15.56</b>	
	rd	70	<b>Jill Isfordink</b>		DPD	15.21	<b>15.12</b>	
		<b>Thijmen Warmink</b>			<b>Jill Isfordink</b>			
		100m	15.56	(15.56)	100m	15.12	(15.12)	
<hr/>								
		Name		Cat		PB	Time	Info
132	yw	65	<b>Lize Zeewuster</b>		DPB	14.83	<b>14.01</b>	PB
	bl	1	<b>Blom Ooijman</b>		DPA	14.71	<b>14.31</b>	PB
		<b>Lize Zeewuster</b>			<b>Blom Ooijman</b>			
		100m	14.01	(14.01)	100m	14.31	(14.31)	
<hr/>								
		Name		Cat		PB	Time	Info
133	wt	37	<b>Wietze de Haan</b>		HPB	14.99	<b>15.52</b>	
	rd	39	<b>Sylvan Markvoort</b>		HPC	15.02	<b>15.19</b>	
		<b>Wietze de Haan</b>			<b>Sylvan Markvoort</b>			
		100m	15.52	(15.52)	100m	15.19	(15.19)	
<hr/>								
		Name		Cat		PB	Time	Info
134	yw	51	<b>Merle Markvoort</b>		DPA	14.49	<b>14.46</b>	PB
	bl	9	<b>Fabian Kruithof</b>		HPC	14.24	<b>14.21</b>	PB
		<b>Merle Markvoort</b>			<b>Fabian Kruithof</b>			
		100m	14.46	(14.46)	100m	14.21	(14.21)	
<hr/>								
		Name		Cat		PB	Time	Info
135	wt	45	<b>Minke Nijenhuis</b>		DPB	14.19	<b>14.08</b>	PB
	rd	41	<b>Douwe Gildemacher</b>		HPC	14.24	<b>14.09</b>	
		<b>Minke Nijenhuis</b>			<b>Douwe Gildemacher</b>			
		100m	14.08	(14.08)	100m	14.09	(14.09)	

Referee:

Assistant:

Starter:

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# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name	Cat	PB	Time	Info
136	yw	38 <b>Suze Kleinsman</b>	DPB	14.18	<b>13.62</b>	PB
	bl	69 <b>Robin Stadhouders</b>	DPA	14.12	<b>13.62</b>	PB
		<u>Suze Kleinsman</u>		<u>Robin Stadhouders</u>		
		100m 13.62 (13.62)		100m 13.62 (13.62)		
<hr/>						
		Name	Cat	PB	Time	Info
137	wt	10 <b>Pien Evers</b>	DPD	14.18	<b>13.90</b>	
	rd	13 <b>Lauren Wolters</b>	DPD	14.18	<b>13.74</b>	PB
		<u>Pien Evers</u>		<u>Lauren Wolters</u>		
		100m 13.90 (13.90)		100m 13.74 (13.74)		
<hr/>						
		Name	Cat	PB	Time	Info
138	yw	40 <b>Alexander Warmink</b>	HPA	13.91	<b>13.99</b>	
	bl	58 <b>Elin Mak</b>	DPE	14.07	<b>14.66</b>	
		<u>Alexander Warmink</u>		<u>Elin Mak</u>		
		100m 13.99 (13.99)		100m 14.66 (14.66)		
<hr/>						
		Name	Cat	PB	Time	Info
139	wt	57 <b>Melle ter Horst</b>	HPB	13.48	<b>13.01</b>	PB
	rd	6 <b>Luuk Groothuis</b>	HPC	13.51	<b>13.25</b>	PB
		<u>Melle ter Horst</u>		<u>Luuk Groothuis</u>		
		100m 13.01 (13.01)		100m 13.25 (13.25)		
<hr/>						
		Name	Cat	PB	Time	Info
140	yw	8 <b>Ties Groothuis</b>	HPD	13.38	<b>WDR</b>	
	bl	34 <b>Jill Krikken</b>	DPD	13.35	<b>13.42</b>	
		<u>Ties Groothuis</u>		<u>Jill Krikken</u>		
				100m 13.42 (13.42)		
<hr/>						
		Name	Cat	PB	Time	Info
141	wt	27 <b>Eva Mezzo</b>	DPC	13.44	<b>13.44</b>	PB
	rd	12 <b>Elin Varenbrink</b>	DPA	13.33	<b>13.53</b>	
		<u>Eva Mezzo</u>		<u>Elin Varenbrink</u>		
		100m 13.44 (13.44)		100m 13.53 (13.53)		

# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name	Cat	PB	Time	Info
142	yw	55 <b>Herre Mak</b>	HPA	13.24	<b>13.43</b>	
	bl	16 <b>Olle Klunder</b>	HPE	13.26	<b>13.40</b>	
		<u>Herre Mak</u>			<u>Olle Klunder</u>	
		100m 13.43 (13.43)		100m 13.40 (13.40)		

		Name	Cat	PB	Time	Info
143	wt	17 <b>Roan Varenbrink</b>	HPC	13.16	<b>13.08</b>	PB
	rd	110 <b>Noor Klunder</b>	DPC	13.25	<b>13.22</b>	PB
		<u>Roan Varenbrink</u>			<u>Noor Klunder</u>	
		100m 13.08 (13.08)		100m 13.22 (13.22)		

		Name	Cat	PB	Time	Info
144	yw	109 <b>Aafke Altena</b>	DPA	12.87	<b>12.71</b>	PB
	bl	18 <b>Just Klunder</b>	HPB	13.15	<b>13.10</b>	PB
		<u>Aafke Altena</u>			<u>Just Klunder</u>	
		100m 12.71 (12.71)		100m 13.10 (13.10)		

		Name	Cat	PB	Time	Info
145	wt	111 <b>Diede Salomons</b>	DPA	13.13	<b>12.75</b>	PB
	rd	21 <b>Sjoerd de Haan</b>	HPA	13.09	<b>12.94</b>	PB
		<u>Diede Salomons</u>			<u>Sjoerd de Haan</u>	
		100m 12.75 (12.75)		100m 12.94 (12.94)		

		Name	Cat	PB	Time	Info
146	yw	3 <b>Liz Wolters</b>	DPB	12.32	<b>12.18</b>	PB
	bl	66 <b>Morgan DeFreese</b>	DPC	12.72	<b>12.78</b>	
		<u>Liz Wolters</u>			<u>Morgan DeFreese</u>	
		100m 12.18 (12.18)		100m 12.78 (12.78)		

		Name	Cat	PB	Time	Info
147	wt	24 <b>Lauren van den Brink</b>	DPC	12.56	<b>12.87</b>	
	rd	84 <b>Liam Schrotten</b>	HPB	12.29	<b>WDR</b>	
		<u>Lauren van den Brink</u>			<u>Liam Schrotten</u>	
		100m 12.87 (12.87)				

# Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name	Cat	PB	Time	Info
148	yw	14 <b>Luca Batterink</b>	HPA	11.73	<b>11.79</b>	
	bl	20 <b>Benthe Kamerling</b>	DPB	12.27	<b>12.27</b>	
		<b>Luca Batterink</b>		<b>Benthe Kamerling</b>		
		100m 11.79 (11.79)		100m 12.27 (12.27)		

		Name	Cat	PB	Time	Info
149	wt	28 <b>Paul de Leeuw</b>	HPA	11.62	<b>11.54</b>	PB
	rd	11 <b>Charley Boekema</b>	DPC	12.10	<b>11.93</b>	PB
		<b>Paul de Leeuw</b>		<b>Charley Boekema</b>		
		100m 11.54 (11.54)		100m 11.93 (11.93)		

Referee:

Assistant:

Starter:

From 3/17/2023 5:30:00 PM to 3/17/2023 8:27:04 PM

Print: 3/17/2023 8:48:56 PM